

**York University
Kinesiology and Health Sciences**

Course Outline:	Behavioural Approach to the Administration of Fitness and Sport (3240.03)
Class Website:	https://moodle10.yorku.ca/moodle/
Term:	Winter 2016
Lecturer:	Michael Simons, M.Ed. Email: mikesimo@yorku.ca
Marker:	Lauren Dickler e-mail: ldickler@rogers.com
Time:	Wednesday, 2:30 p.m. - 5:30 p.m.
Location:	Vari Hall Room 1152A

General Course Description

This course will introduce students to different theories and techniques for working, communicating and understanding your behaviour and the behaviour of others in sport and fitness organization settings.

Successful completion of this course will allow students to hone their 'people skills' and to better understand the behaviour of other people in relation to themselves.

Course Objectives

1. To assist students in the understanding of the influence of individuals and personality types providing insights into self-knowledge and interpersonal effectiveness.
2. To assist students in the understanding of group development, interaction with others and motivation, and to apply this knowledge to the sport and fitness field.
3. To assist students in the understanding organizational process of decision-making, problem solving and change, as they relate to the sport, fitness and health.
4. To provide students the opportunity to work in groups to complete course projects.

Course Evaluation

- | | | | |
|----|--------------------------------|-----|--|
| 1. | Test #1 | 30% | February 10, 2016 |
| 2. | Test #2 | 35% | March 16, 2016 |
| 3. | Organization Behaviour Project | 35% | April 4, 2016 to be handed in at Bethune – Room 341 by 4 p.m. |

Assignment: Organizational Behaviour Group Project (35%)

Students will work in teams of four (4). The teams must be formed by March 2, 2016. Students are responsible for ensuring they are in a group. Working on this project individually is not an option. (Doing so will result in a grade penalty determined by the course director.)

This project will involve the development of a "best case" approach to addressing individual or group behaviour in a sport or fitness environment. The case information will be provided to teams on March 2, 2016.

The report will not exceed 10 pages and will include the development of a behaviour problem statement, a description of the consequences of continuation, the identification of the current stage of behaviour and a proposed strategy to deal with the behaviours described in the case.

This case will be handed in on **April 4, 2016** at Bethune – Room 341 by 4 p.m.

Required Text

Fundamentals of Organizational Behaviour, Fifth Canadian Edition

Author: Nancy Langton, Stephen P Robbins, Timothy A Judge

Publisher: Pearson Education Canada

Lecture Notes

Lecture notes, posted marks and class notices will be posted on the class web site at **Via Moodle (student resources info at <http://moodle.yorku.ca/students/index.htm>)**

Notes:

1. If you require a particular grade in this course, please work ***now*** towards attaining it. This course does not offer extra assignments or tests at the end of the course to accommodate students who are a few marks short of their desired grade. Your final grade will be based on the two aforementioned tests and group project. ***There will be no exceptions.***
2. If a student wishes a test/project remarked, it must be submitted within 7 days of the test/project being returned with a one page memo outlining specific concerns.
3. All late assignments will be penalized. Extensions may receive consideration if they are requested **at least one week prior** to the due date of the assignment.

Missed Tests

If you miss a test due to illness or other unforeseen emergency, you must contact the course director by email within 48 hours. If you are unable to do so within this period, the documentation you provide must also cover the period up to when you do contact him. (e.g. if you are in hospital for a week and can't make contact, get documentation to prove this)

Apart from illness and family tragedy, there are few acceptable excuses for missing a test. In this course childcare crises, business trips and other work requirements not anticipated at the beginning of the course ***may*** be accepted, but documentation will be required. Vacations, sporting events and other social activities are not generally considered acceptable excuses – if you anticipate such a situation you should discuss it with the course director before you register in the course. These decisions are entirely at his discretion and documentation will be required in all cases.

The manner in which the missed test is made up will be at the discretion of course director. If you have missed a test for illness or other acceptable reason, it is your responsibility to keep your schedule open for a possible make-up test.

Additional Readings

Active Ontario Web Site: www.activeontario.org

Adler, Ronald and Towne, Neil. Looking Out/Looking In: Interpersonal Communication. Forth Worth: Harcourt Brace College Publishers, 1993.

Aranda, E., Aranda, L. & Conlon, K. Teams: Process, Culture and Politics. New Jersey: Simon & Schuster Company, 1998.

Bendaly, Leslie. Games Teams Play. Toronto: McGraw-Hill Ryerson Ltd., 1996.

Canadian Society for Exercise Physiology. The Canadian Physical Activity, Fitness and Lifestyle Appraisal. Ottawa: Health Canada, 1996.

Covey, S.R. The Seven Habits of Highly Effective People. New York: Simon and Schuster, 1989.

DeBono, E. The Use of Lateral Thinking. Great Britain: Penguin, 1986.

DeBono, E. Six Thinking Hats. Toronto: Little, Brown and Company, 1985.

Frank, M.O. How to Get Your Point Across in 30 Seconds or Less. New York: Simon and Schuster, 1986.

Falikowski, Anthony. Mastering Human Relations. (2nd Edition). Scarborough: Prentice-Hall, 1999

Hamlin, Sonya. How to Talk So People Listen. New York: Harper & Row Publishers, 1988.

Hoff, Ron. I Can See You Naked. Kansas City: Universal Press Syndicate, 1992.

Johnson, D.W. Reaching Out. Toronto: Allyn and Bacon, 1997.

Johnson, D.W. and Johnson, F.P. Joining Together. Toronto: Allyn and Bacon, 1997.

Kaner, S., Lind, L., Toldi, C., Fisk, S. & Berger, D. Facilitator's Guide to Participatory Decision-Making. Gabriola Island (BC): New Society Publishers, 1996.

Kass, Raye. Theories of Small Group Development. Montreal: Concordia University, 1996.

Morgan, G. Imaginization. London: Sage Publications, 1993.

McCormack, Mark H. What They Don't Teach You at Harvard Business School Toronto: Bantam Books, 1984.

Robbins, Stephen and Langton, Nancy. Organizational Behaviour. Scarborough: Prentice Hall, 1999.

Scannell, Edward & Newstrom, John. W. Still More Games Trainers Play. New York: McGraw-Hill, 1991.

Scholtes, P.R. The Team Handbook. Madison: Joiner Associates Inc., 1992.

Von Oech, R. A Kick in the Seat of the Pants. New York: Harper and Row, 1986.

Von Oech, R. A Whack on the Side of the Head. New York: Warner Books, 1983.

Whetten, D.A. & Cameron, K.S. Developing Management Skills. New York: Harper Collins, 1996.

Winter 2016

BEHAVIOURAL

January - April 2016

DATE	TOPIC	READINGS
Jan. 6	Course Introduction	Course Outline
Jan. 13	What is Organizational Behaviour?	Chapter 1
Jan. 20	Perceptions & Personality,	Chapter 2
Jan. 27	Personal Temperament Style	Handout
Feb. 3	Power, Politics and Empowerment	Chapter 7
<i>Feb. 10</i>	<i>Test #1 (30%)</i>	
<i>Feb. 17</i>	<i>Reading Week</i>	
Feb 24	Motivation	Chapter 4
Mar. 2	Working in Teams	Chapter 5
Mar. 9	Interacting with Others	Chapter 6
<i>Mar. 16</i>	<i>Test #2 (35%)</i>	
Mar. 23	Decision Making and Problem Solving	Chapter 9
Mar. 30	Values, Attitudes & Organizational Culture	Chapters 3 & 10
<i>April 4</i>	<i>Organization Behaviour Project (35%)</i> <i>To be handed in at Bethune – Room 341 by 4 p.m.</i>	