1. THE CONCEPT OF STRATEGY AND TACTICS

PURPOSE: To examine the origins of strategic and tactical development in sport and their application to coaching.

i) The Role of Strategy and Tactics in the Coaching Process:

1. The collection and analysis of relevant information.
2. The setting of objectives.
3. Determining alternative courses of action to solve problems.
4. Formulating a plan of action.
5. Carrying out a plan of action.

ii) The Role of Match/Performance Analysis in the Formulation of Strategic and Tactical Plans:

4. Analysis of Performance: Qualitative or Quantitative.
5. Applying Performance Analysis to Seasonal Planning.

iii) Selected Military Principles and their Relationship to the Strategy and Tactics of Sport:

1. A Historical Overview of Military Theorists and Practitioners.
3. Applying Military Principles to Strategic and Tactical Planning.

iv) Additional Sources Related to Strategic and Tactical Planning:

2. Rules and Rule Changes.
3. Intersport Influences.
4. Equipment/Facility Improvements.
5. Ethical Imperatives
2. **THE COMPONENTS OF SPORT STRATEGIES:**

**PURPOSE:** To examine the components of strategic plans used in sport:


iii) The Dimensions of Strategic Plans:

   1. Long Range.
   2. Short Range.
   3. Immediate Action.

3. **THE COMPONENTS OF SPORT TACTICS:**

**PURPOSE:** To examine the tactical elements of sport as they relate to the deployment of sport strategies.

i) The Tactical use of Force, Time and Space:

   1. Analysis of force, time and space as instruments which the coach can use to advantage.

ii) The Element of Control:

   1. What constitutes control.
   2. What must be controlled.
   3. The nature of the control process.
   4. Consequences of the control process.

iii) The Element of Pressure:

   1. Aim of pressure and its relationship with time and space.
   2. Time pressure and its relationship with deception.

iv) The Examination of the Will and Morale:

   1. Contact attrition.
   2. Non-contact attrition.
4. BIBLIOGRAPHY

A. REQUIRED READING


B. SUPPLEMENTARY READING LIST


NOTE: A number of sport specific coaching manuals and books are available on loan from the course instructors. In addition numerous sport specific books and articles are available from the library. As well, additional required reading may be provided during the term.
4. **COURSE EVALUATION**:

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Percentage</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scouting Report</td>
<td>15%</td>
<td>Thursday, March 9/06</td>
</tr>
<tr>
<td>Mid Term Exam</td>
<td>20%</td>
<td>Thursday, February 9/06</td>
</tr>
<tr>
<td>Class Presentation</td>
<td>15%</td>
<td>TBA</td>
</tr>
<tr>
<td>Term Paper</td>
<td>20%</td>
<td>Due Date: Tuesday, April 4/06 at class</td>
</tr>
<tr>
<td>Final Exam</td>
<td>20%</td>
<td>End of term - TBA</td>
</tr>
<tr>
<td>Class Participation</td>
<td>10%</td>
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</table>

*** If the Mid Term exam is missed, the percentage allocated to the missed exam will be added to the final oral examination. There will be no make-up Mid-term exams.

**** All exams cover material from the lectures, readings as well as the class presentations

**FRIDAY, MARCH 10, 2006**: The last day to drop a Winter term course without receiving a grade.