

**YORK UNIVERSITY
KINESIOLOGY AND HEALTH SCIENCE
PRACTICUM COURSE**

Course: PKIN 0291: Aquatic Instructor I
PKIN 0292: Aquatic Instructor II

Term: Fall 2011 A

Prerequisite: HH/PKIN 0250 or 0261 and 0262HH/PKIN Lifesaving Society Bronze Cross or Lifesaving Society NLS or permission of the instructor.
Students must be concurrently enrolled in HH/PKIN 0291 and 0292.
May require Red Cross AWSI certificate if Red Cross WSI certificate is sought

Course Instructor: Tamara Wood
tamaraws@yorku.ca

Time and Location: Tuesday, Wednesday, Thursday and Friday 8:30am-7:30pm
Tait Pool and

Course Description: An in depth training program of aquatic instructional practices for learn to swim, water safety, swimming strokes and skills, first aid and water rescue techniques. This course is intended for students with personal advanced lifesaving and swimming skills. Students will develop a wide variety of teaching and evaluating techniques as well as supervision skills and practices for the aquatic environment. Successful completion of this course may allow for certified as a Lifesaving Society Instructor, Lifesaving Society Swim Instructor, Canadian Red Cross Assistant Water Safety Instructor and/ or Red Cross Water Safety Instructor. Certification fees required.

The course will be taught through demonstrations and discussion. This is a practical course and students will be required to actively participate in all sessions. Through practice, observation and feedback students will develop the required instructional skills. Students will work with the instructor and their peers to increase their teaching skills.

Course Learning Objectives:

- The students will be able to
- Identify the theory of learners, teaching and evaluating
 - Identify hazards in aquatic instructional environment
 - Demonstrate through practical application an understanding of safety supervision
 - Demonstrate a variety of instruction methodologies and problem solving
 - Develop Short and Long term lessons plans
 - Demonstrate leadership behaviour
 - Perform progressions for all strokes and skills
 - Identify characteristics, common errors and drills to improve five major strokes
 - Demonstrates effective communication skills

Required Texts: The Canadian Lifesaving Manual. (\$40.00 each)
The Life Saving Society Bronze Medallion Award Guide. (\$18.00 each)
The Lifesaving Society First Aid Manual (\$15.00)

Evaluation: Practical Items Evaluation: 75%
Theory Exam: 15%
Class participation 10%

Please Note: All assignments must be completed as assigned and submitted by due date(s). Otherwise penalties will be incurred; ½ letter grade per day late will be applied. All assignments / exams must be handed in at the start of the class, on the pool deck on the date due. Or they may be handed in to the Kine office to be placed in my mail box.

Students may choose to exercise the Pass/Fail option. It is the student's responsibility to notify the instructor that they wish to exercise the Pass/Fail option.
Practicum courses grading scale is A,B,C, F or Pass/Fail.

Additional Information:

Participation: to receive credit for a practicum course students must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than four classes will not pass this course.

It is not enough to attend without participation. Students who attend but do not enter the water will not receive full attendance for that class.

<u>Resource:</u>	Lifesaving Society 322 Consumers Road North York, ON M2J 1P8	t: 416-490-8844 f: 416-490-8766 e: experts@lifeguarding.com www.lifesavingsociety.com
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Important Course Information for Students:

All Students are expected to familiarize themselves with the following information, available on the Senate Committee on Curriculum & Academic Standards webpage. http://www.yorku.ca/secretariat/senate_cte_main_pages/ccas.htm

- York's Academic Honesty Policy and Procedures/Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirements accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation