

York University

Faculty of Health

School of Kinesiology and Health Science

PKIN 0303

Women's Basketball

The aim of this course is to give female students a basic analysis of learning the fundamental skills of the game of basketball necessary to enjoy and have fun in a team sport environment. The basic technics and tactical skills will be covered in basketball, along with learning basketball drills and set plays to enjoy and play an organized game.

Instructor: Deb Fullerton

Email address: debfull@yorku.ca

Session: Fall

Where: Main Gym

Section: A **Time: 1:30pm – 2:30pm** **Tuesday/Thursday**

Section: B **Time: 2:30pm – 3:30pm** **Tuesday/Thursday**

Dress: Shorts or track pants and T-Shirt, running shoes (active wear)

Evaluation:	Practical	-60% attendance and class participation
	Project	-20% teaching assignment
	Testing	-20% written test

CONTENT:

- An in depth analysis of basic skill development of basketball
- An in depth analysis of some drills, tactics and strategies within an organized setting.
- Use of lead up games to practice and develop skills
- In Depth comprehension of the rules of basketball and purpose
- Fitness development activities and footwork used in basketball
- Method of organization to learn tactics and practice game skills
- Learning how to organize, write up and set up tournament play
- The value of learning to teach and present skills and drills of the game of basketball

ATTENDANCE 80% required by Department PKIN policy.

As this is mainly a participation course, attendance will affect your grade.