



SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE

FACULTY OF HEALTH

SUMMER 2016

FOOTBALL
PKIN 0308

INSTRUCTOR: Tom Gretes
341 Bethune College
647-297-9675, gretes@yorku.ca

COURSE DURATION: May 10 – June 16 / 2016

TIME: Section A: 10:30 – 12:30 Tuesday / Thursday
Section B: 12:30 – 2:30 Tuesday / Thursday

LOCATION: Football Practice Field (Rain Days – Stong College Rm 211)

COURSE DESCRIPTION: An introduction to a basic understanding of the game of Football. Emphasis will be placed on learning the basic skills of Football. A general understanding of rules of the game, skill development and the understanding of Football strategy and tactics. Position development, (QB, RB, REC, OL, DL, LB, DB and the Kicking Game) will be learned through drills, practice and games. Offensive and Defensive philosophy will also be looked at.

COURSE OBJECTIVES: 1/ To develop an understanding of the game of Football
2/ To increase ones knowledge and development of basic Football skills
3/ To develop an understanding of basic offensive and defensive systems

EVALUATION:

Attendance	25%
Participation	25%
Skills & Skill Development	25%
Test – Multiple Choice	25%
<i>Total</i>	<i>100%</i>

COURSE REQUIREMENTS: Students are responsible for theoretical info covered in class

ATTENDANCE:

Miss 1 – Lose 5 marks	}	
Miss 2 – Lose 10 More	}	Without a valid excuse
Miss 3 – Fail Class	}	

GRADING SYSTEM: A,B,C,F – Pass / Fail Option

DRESS: Running shoes, cleats, proper gym attire, shorts, t-shirt, sweats

Andy McEvoy PKIN 3080 FOOTBALL