

**YORK UNIVERSITY
BASIC COURSE OUTLINE
KINESIOLOGY AND HEALTH SCIENCE
PRACTICUM COURSE - SOCCER**

Course: PKIN 0328 - Soccer

Course Webpage: N/A

Term: Summer 1 2017

Prerequisite / Co-requisite: None

Course Instructor

Stephanie Bowerman, Ph.D.

sbowerma@yorku.ca Course consultation hours: By Appointment Monday/Wednesdays

Time and Location

Tutorial Group: PKIN 0328 Section A: M/W 9:30am - 11:30am

PKIN 0328 Section B: M/W 11:30am - 1:30pm

PKIN 0328 Section C: M/W 1:30pm - 3:30pm

Location:

South Utility Field

First Day: May 1, 2017 (Day 1):

PKIN 0328A First class meets in CC 208

PKIN 0328B First class meets in CC 208

PKIN 0328C First class meets in SC 205

NOTE: In case of a bad weather day (e.g., rain), class will resume indoors in a designated classroom. Once a rain day is identified, a classroom will be reserved on the day of, on an individual basis. An email will be sent to provide students with the class location. Attendance is required.

Expanded Course Description

Organization of the Course - This introductory Soccer PKIN is intended for those with little to minimal soccer experience. The focus of the course is to develop the fundamental movement, sport, and decision making skills associated with soccer. Soccer skills such as dribbling, passing and receiving, trapping, heading, shooting, free kicks, throw-ins and defending will be addressed. Students will learn different offensive and defensive tactics. Agility, balance, coordination and speed will be integrated into the learning environment. The course will be taught through demonstration, instruction, and practice. Reading materials will be used throughout the course from the internet and handouts. This is a practical course and students will be required to actively participate each session. Through individual practice, small groups, and game play students will develop the required skills to participate in soccer.

Course Learning Objectives

(1) Brief statement of the purpose:

The purpose of this course is to provide an opportunity to practice the basic skills of soccer. Emphasis will be on learning fundamental movement skills, basic soccer skills, and decision making skills during practice and game play. The basics of game etiquette and rules will be covered as well as the application of knowledge and understanding of offensive and defensive principles. It is assumed that the students have minimal experience and knowledge related to playing soccer.

(2) Brief list of specific learning objectives of the course:

- demonstrate an understanding of the basic terminology, rules, tactics and etiquette of the soccer game
- demonstrate the ability to perform fundamental movement skills and basic beginning level soccer skills
- demonstrate the ability to perform agility, balance, coordination, and speed in a soccer setting
- increase physical activity and improve physical fitness
- understand and apply the basic skills, rules, tactics and etiquette during practice and game play
- demonstrate the ability to design and instruct a small soccer warm-up/cool-down to a group

Course Text / Readings

FIFA.com

Laws of the game (2012/2013) <http://www.fifa.com/worldfootball/lawsofthegame.html>

Any additional reading will be provided in a handout each class during practicum.

Evaluation *

The final grade for the practicum will be based on the following items weighted as indicated:

Active Participation: 45%

- Attendance - 25%
- Attitude/Effort - 10%
- Understanding of the Game - 10%

Skills: 10%

- Dribbling/Footwork - 5%
- Juggling - 5%

Reflection: 5%

A self reflection will be completed on skills, understanding and student growth.

Group Assignment: 20%

There are two parts of the group presentations: 1) Group Soccer Manual, 2) Group Teaching

Part 1) Manual - 10%: As a group, you will submit a typed soccer manual/coaching resource. This will be a resource intended for beginner to intermediate soccer players. The coaching manual will include a different skill and lesson plan per person in the group. For example, if your group has five members. your manual will include the breakdown and teaching tips for five skills, plus five separate soccer lessons (1 hrs each lesson). More details will be provided.

Part 2) Group Teaching - 10%: As a group, you will be assigned to a specific day of the course. You will coach the class for a 10-15 minutes incorporating a specific soccer skill and a simple but fun lead up activity. As a group you will submit your lesson. Presentation and lesson submitted will be graded. Further details will be provided. You must be present on the assigned day to receive a grade. There will be no make-up days.

Written test on the laws of the game, soccer skills and theory: 20%

Students may choose to exercise the Pass/Fail option. It is the student's responsibility to notify the instructor that they wish to exercise the Pass/Fail option.

Practicum courses grading scale is A, B, C, F or Pass/Fail.

To exercise the Pass/Fail option, students are required to complete and sign the PKIN Pass/Fail Option Form and submit to the course director.

Active Participation:

Attendance: To receive credit for a practicum course, students must attend and actively participate in a minimum of 80% of the class for the course. **Students who miss more than TWO classes will not pass this course**. It is not enough to attend without participation. Students who attend but do not participate will not receive full attendance for that class. In extenuating circumstances, such as verified illness which prevents full participation, the grading during the term may be changed to Pass/Fail. Student and instructor will agree in writing to the terms for a pass in the course.

Attendance will be taken daily. Make sure that you have checked in with the Professor and your attendance is recorded by signing in. Attendance will also include if students are prepared for class (attire, shoes, etc). Wear appropriate clothing to be physically active, and to accommodate the weather.

In the case when a student is injured or ill, student's must submit a doctor's note. Even with a doctor's note, all absences are included in the total of TWO absences that are allowed in order to pass.

Student who miss more than one classes will be deducted 2% per occurrence. Students who are tardy (more than 15 mins) more than two times will be deducted 2% per occurrence. More than 30 minutes late to class will be counted as an absence. In addition, three times a student is late to class is also equivalent to one absence. If a student leaves class early, this will be counted as one tardy.

Attitude and Effort: Students must have a positive attitude, show encouragement and respect towards others including the instructor and peers. PKIN classes are a time to be physically active while having fun participating in small group activities. This is a class to learn the basic skills and theory of soccer and is taught at a beginner's level. Rough play or foul language toward others will not be tolerated. Having a bad attitude, not listening or continually playing aggressive or in a unsafe way will be documented. If this is the case, you will be asked to leave and receive an absence.

This PKIN is intended to be instructed to students at a beginner's level. If you have previous experience, this is an opportunity to work on your leadership skills

Understanding of the game: Each session will cover various skills and drills. Applying the skills and theory to practice will occur each session during various types of activities and game play. Students should demonstrate their understanding of skills and theory and decision making skills during game play.

Skills Test:

There will be skills test on different basic fundamental skills that relate to soccer, dribbling, and juggling. Your overall score and ability to demonstrate improvement will be considered.

Soccer Manuel:

In a small group, develop a teaching resource intended for a coach/teacher instructing beginner to intermediate level soccer. The resource should be easy to look at and read (template example provided). The key techniques of the skills, when to use the skill, command mistakes will be covered along with lesson training sessions (one per student) incorporating the skill. The manual will be typed and handed in on the day it is due.

Note: One manual will be turned in for each group.

Soccer Presentation: Each group will have an opportunity to present to the class on their assigned presentation day. Each group will teach their peers one skill and a simple but fun lead-up activity.. Each group will have 15 minutes present (e.g., 5 minutes on skill development (review and practice skill) and 10 minutes on the activity). Students must be present on their presentation day to receive a grade. There will be no make-up days.

A typed - 15 minutes lesson plan will be submitted. Lesson and presentation will be graded. Each group member must contribute to the presentation. I would recommend breaking into small groups during the skill development. Template will be provided.

Written Test: A written test on the laws of the games, etiquette, terminology, and any other additional information covered will be given at the end of the term. Any information covered in practicum or readings is testable.

Grading, Assignment Submission, Lateness Penalties and Missed Tests

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <http://calendars.registrar.yorku.ca/2010-2011/academic/index.htm>)

Students may take a limited number of courses for degree credit on an ungraded (pass/fail) basis. For full information on this option see Alternative Grading Option in the *Faculty of Health and Kinesiology* section of the Undergraduate Calendar

Assignment Submission: Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified for the assignment. Assignments are to be handed in during class time on the day that they are due.

Lateness Penalty: Assignments received later than the due date will be penalized 1 point per day the assignment is late. Exceptions to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the Course Instructor but will require supporting documentation (e.g., a doctor's letter).

Missed Tests: Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., official doctor's letter on York U health services form) may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

ADDITIONAL INFORMATION

Participation: To receive credit for a practicum course, students must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than TWO classes will not pass this course. It is not enough to attend without participation. Students who attend but do not participate will not receive full attendance for that class.

Bad Weather: In case of a bad weather day (e.g., rain), class will resume indoors in a designated classroom. Once a rain day is identified, a classroom will be reserved on the day of, on an individual basis. An email will be sent to provide students with the class location. Attendance is required.

IMPORTANT COURSE INFORMATION FOR STUDENTS

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) - <http://www.yorku.ca/secretariat/senate/committees/ascp/index-ascp.html>

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation

June 2012

Tentative Weekly Schedule
PKIN 0328 - Soccer Summer 2017

Lecture	Readings
May 1 – Course Introduction May 3 - Individual Assessment: Fitness and Skills	Law 1- The field of play Law 2 - The ball Law 3 - The number of players
May 8 – Dribbling, Shielding May 10 - Passing and Receiving, Rolling and Flighted Balls Group 1 Presentation May 10	Law 4 - The players' equipment Law 7 - The duration of the match Law 8 - The start and restart of play
May 15 – Shooting Group 2 Presentation May 15 May 17 - One vs One (attacking/defending) Group 3 Presentation May 17	Law 9 - The ball in and out of play Law 10 - The method of scoring Law 11 - Offside ***GROUP ASSIGNMENT DUE (5/17)
May 22 - No Class - Victoria Day Holiday	
May 24 - Defending as a team, small sided games Group 4 Presentation May 24	Law 12 - Fouls and Misconduct Law 13 - Free Kicks
May 29 - Heading and Throw-ins Understanding roles and tactics Offensive/Defensive (1-4-4-2), (1-4-5-1) Group 5 Presentation May 29 May 31 - Possession Understanding roles and tactics Offensive/Defensive (1-3-5-2), (1-3-5-3)	Law 14 - The penalty kick Law 15 - The throw-in Law 16 - The goal kick
June 5 – Post Assessments Full Sided Game or 5 on 5 Tournament June 7 - World Cup Small Sided Game Tournament	Law 17 - The corner kick Procedures to determine the winner of a match of home - and - away
June 12 – Written Test	* Last Day to Sign Pass/Fail form

Readings

FIFA - Laws of the game
<http://www.fifa.com/worldfootball/lawsofthegame.html>

Additional readings/handouts will be provided to students in class. This material is also testable on the written exam.