



SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE

FACULTY OF HEALTH

SUMMER 2016

SOFBALL
PKIN 0340

INSTRUCTOR: Tom Gretes
341 Bethune College
647-297-9675, gretes@yorku.ca

COURSE DURATION: May 9 – June 20 / 2016

TIME: Section A: 11:30 – 1:30 Monday / Wednesday
Section B: 1:30 – 3:30 Monday / Wednesday

LOCATION: Passy Field Baseball Diamonds (Rain Days – Stong College Rm 211)

COURSE DESCRIPTION: An introduction to a basic understanding of the game of softball. Emphasis will be placed on learning the basic skills of softball. A general understanding of the rules of the game, skill development and the understanding of baseball strategy and tactics. Proper throwing, fielding and hitting will be learned through drills, practice and games.

COURSE OBJECTIVES: 1/ To develop an appreciation for softball as a life sport.
2/ To increase ones knowledge and development of softball skills
3/ To develop an understanding of basic softball strategy and tactics

EVALUATION:

Attendance	25%
Participation	25%
Skills & Skill Development	25%
Test – Multiple Choice	25%
<i>Total</i>	<i>100%</i>

Course Requirements: Students are responsible for theoretical info covered in class

ATTENDANCE:

Miss 1 – Lose 5 marks	}	
Miss 2 – Lose 10 More	}	Without a valid excuse
Miss 3 – Fail Class	}	

GRADING SYSTEM: A,B,C,F – Pass / Fail Option

DRESS: Running shoes, cleats, proper gym attire, shorts, t-shirt, sweats, glove

Andy McEvoy PKIN 3080 FOOTBALL