York University

Faculty of Health

School of Kinesiology and Health Science

PKIN 0350  Team Handball

The aim of this course is to give students a basic analysis of learning the fundamental skills, drills, strategies and rules of Team Handball necessary to enjoy and have fun in a team sport environment.

Course Instructor:
Deborah Fullerton
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Call or text cell: 416 520 0850

Session: S1 – Summer  Location: Tait McKenzie building

Times:  Section:  Location:
T/Th  8:30am – 10:30am  S1  Main Gymnasium

Dress: Shorts or track pants and T-Shirt, running shoes (active wear)

CONTENT:
• An analysis of basic skill development of throwing and catching both stationary and dynamic.
• Focusing on skills, drills, set plays and strategies used in Team Handball game play.
• Use of drills and lead up games to practice and develop skills
• Brief history and its origin and development of Team Handball
• Importance and use of rules in Team Handball
• Fitness development, agility activities and footwork necessary for Team Handball
• Method of organization to learn and practice game skills
• Learning how to set up tournament play specific for Team Handball
• Learning rules of the goalkeeper and the penalty throw
• How to referee a team handball game and hand signals use

Evaluation: This PKIN is evaluated on a grade level or Pass/Fail option.

Practical - 60% attendance and class participation (40%/20%)
Project - 20% teaching assignment
Testing - 20% written test

ATTENDANCE
Students must attend 80% of PKIN classes to be eligible to pass this course. As this is mainly a participation course, attendance will affect your grade.