

York University

Faculty of Health

School of Kinesiology and Health Science

PKIN 0350

Team Handball

The aim of this course is to give students a basic analysis of learning the fundamental skills, drills, strategies and rules of Team Handball necessary to enjoy and have fun in a team sport environment.

Course Instructor:

Deborah Fullerton

debfull@yorku.ca

Call or text cell: 416 520 0850

Session: S1 – Summer

Location: Tait McKenzie building

Times:

T/Th 8:30am – 10:30am

Section:

S1

Location:

Main Gymnasium

Dress: Shorts or track pants and T-Shirt, running shoes (active wear)

CONTENT:

- An analysis of basic skill development of throwing and catching both stationary and dynamic.
- Focusing on skills, drills, set plays and strategies used in Team Handball game play.
- Use of drills and lead up games to practice and develop skills
- Brief history and its origin and development of Team Handball
- Importance and use of rules in Team Handball
- Fitness development, agility activities and footwork necessary for Team Handball
- Method of organization to learn and practice game skills
- Learning how to set up tournament play specific for Team Handball
- Learning rules of the goalkeeper and the penalty throw
- How to referee a team handball game and hand signals use

Evaluation: This PKIN is evaluated on a grade level or Pass/Fail option.

Practical - 60% attendance and class participation (40%/20%)

Project - 20% teaching assignment

Testing - 20% written test

ATTENDANCE

Students must attend 80% of PKIN classes to be eligible to pass this course. As this is mainly a participation course, attendance will affect your grade.