

YORK UNIVERSITY
FACULTY OF HEALTH

SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE

PKIN 0436.02 - TENNIS II
FALL 2009

INSTRUCTOR: Michael Mitchell
102B Tait McKenzie
416-736-2100 ext. 33307, email - mmitchel@yorku.

TIME/DATE **Tues/Thurs 1:30 -3:00 pm**
Sept 10 – Nov 10
Reading week Oct 12-16 , no classes

PREREQUISITE / CO-REQUISITE: Tennis 1 / Permission of Instructor

FACILITY: Tait McKenzie Courts (Inclement weather T.B.D.)

COURSE DESCRIPTION: Advancement of Tennis 1. Emphasis is placed on further developing the technique of strokes, tactics, movement, the methodology of practice. Continue to develop play for singles and doubles. Focus will be on ground strokes, volley, serves, returns with an emphasis on accuracy and consistency. Theory and some practical methods in teaching beginner/intermediate tennis using Tennis Canada approved methods. Students will be required to participate in a class presentation.

EVALUATION: Practical 60% - skill performance and demonstration of strokes. Evaluation will be on going throughout course by checklist and instructor evaluation of skills. Minimum demonstration of skills required. Tactical skills observed through drills and game based situations.

Theory 30% - Take home assignments - 10%
Theory exam - 15%
Rules Quiz – 5 %

Attendance / Participation 10% - based on attendance

Grading - A B C F
To exercise the Pass/Fail option students must obtain the signature of the course director on the applicable form. The complete form must then be submitted to the Undergraduate office **within the first two weeks of the term in which the course begins.**

COURSE CONTENT AND LEARNING OBJECTIVES: In taking this course the student will learn how to recognize and execute the following.

- Developing quality strokes
- Singles and Doubles Tactics/strategies
- Practical methods in introducing a new skill.
- Course content using Actions Methodology.
- Complete the requirements needed for Tennis.

TEXTBOOK: Handout package available for purchase.

EQUIPMENT: Racquets available, balls provided.

DRESS: Tennis shoes, proper footwear & playing clothes, no jeans, etc.
Proper attire stressed, proper soled shoes before entering the courts.

ATTENDANCE: As per PKIN requirements, 80% attendance required. Student-instructor agreement on make-up for classes missed due to illness or injury.