

**KINESIOLOGY AND HEALTH SCIENCE  
AFRICAN and CARIBBEAN DANCE  
PRACTICUM: AS/SC PKIN 0565**

Instructor: Patrick Parson  
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Days: Mondays and Wednesdays  
Times: 12:30 - 1:30 p.m.  
1:30 - 2:30 p.m.  
2:30 - 3:30 p.m.

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**Brief Course Description:**

In this course students experience fundamentals of cultural dance forms from Trinidad, Guinea and Ghana, which are traditional and contemporary with a focus on dance alignment, coordination, conditioning and musicality. The historical and cultural meaning of each dance is mentioned when presented.

**Expanded Course Description:**

The first part of the course introduces the basics and principles of modern and ballet techniques used in cultural dances. (Dunham technique) The majority of the course combines these techniques with a variety of traditional dance styles inherent in African and Caribbean dance that have permeated contemporary dance in the Toronto area.

This practicum course provides students the opportunity to experience, understand, and appreciate cultural diversity through the art form of dance.

**Evaluation:**

Development of Groundedness	10%
Musicality	20%
Attendance /Application	40%
Theory	30%