Acknowledgement of Indigenous Peoples and Traditional Territories:
York University recognizes that many Indigenous nations have longstanding relationships with the territories upon which our campuses are located that precede the establishment of York University. We acknowledge our presence on the traditional territories of the Mississaugas of New Credit, the Huron-Wendat, the Haudenosaunee Confederacy and the Métis Nation of Ontario.

**School of Kinesiology and Health Science, Faculty of Health, York University**

**SOCIO-CULTURAL PERSPECTIVES IN KINESIOLOGY**

**Course:** HH/KINE 1000 6.0 (Sections A and B)
**Course Webpage:** https://moodle.yorku.ca/moodle/course/view.php?id=146567
**Term:** Fall and Winter Terms 2018-19
**Time/Location:**

- Lectures
  - Section A: M and W 8:30 – 9:20am CLH L
  - Section B: M and W 9:30 – 10:20am CLH L
- Tutorials
  - Weekly one-hour tutorial on Mon-Thurs from 8:30 – 2:30pm
  - Please refer to your official timetable for tutorial location

**Course Director:**
Prof. Hernán E. Humaña  
(416) 736-2100 ext. 66910  
358 Stong College  
Email: hhumana@yorku.ca

**Course Instructor:**
Dr. Parissa Safai  
(416) 736-2100 ext. 23040  
335 Bethune College  
Email: psafai@yorku.ca  
Office Hours: By appointment only

**Tutorial Coordinator:**
Dr. Nick Ashby  
306 Stong College  
Email: ashby@yorku.ca

**Administration Teaching Assistant:**
Sandy Mosher  
Email: moshera@yorku.ca

**Tutorial Leaders:**

- Abdullah, Peri peri15@yorku.ca  
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- Bandoles, Emerald ebandols@yorku.ca  
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- Sedaghat, Rayka raykased@my.yorku.ca  
- Sibley, Daniel dsibley@my.yorku.ca  
- Sriranganathan, Gobika gobi.sriranganathan@gmail.com  
- Tristani, Lauren tristani@yorku.ca

TLs’ office hours and office locations posted on the door of 306 Stong College.
Expanded Course Description
KINE 1000 focuses on understanding the social body as key to the critical study of physical culture, health and human rights. Our point of departure is that no human being lives outside of society. An individual’s social body is categorized and trained into socially approved roles and practices that are informed by cultural, political and historical conditions and that influence and are influenced by one’s perceived gender, appearance, age, sexual orientation, race, ethnicity, ability, and class or caste.

Course Objectives
Following this course, students will be able to:
1. Understand the concept of social construction as it pertains to physical activity, the body and health.
2. Understand how power relations, privilege and stereotyping generate and perpetuate inequalities and prejudices about human bodies with respect to hegemonic societal standards of health and performance.
3. Critically reflect on the nature of scientific knowledge as it pertains to the study of physical activity, body and health.
4. Analyze physical activity, including sport, and health as social and historical institutions influenced by material conditions of life.
5. Develop and have the opportunity to demonstrate university-level reading comprehension, critical evaluation, and writing skills.

Email Policy
Email is great technology when used in moderation. Emails should be initially directed to your Tutorial Leader. Following that, emails should be directed to the Course Director. Please ensure that email messages are professional, clear and coherent. Effort will be made to respond to emails within two business days. Emailed queries on material found in the course outline and/or Moodle will NOT be answered. Course material will be reviewed in class only.

DESTINATION GRADUATION!
A special combined class for KINE 1000 and KINE 1020 will be held Wednesday, September 12, 2018 from 8:30am to 10:30am in the Tait McKenzie Main Gym.

Tutorials
There is a mandatory weekly one-hour tutorial starting the week of September 17th in various locations across campus. Please remember your tutorial number for all assignments and exams. Students are expected to prepare in advance the weekly-required readings for discussion in tutorials. Attendance is taken within the first ten minutes of tutorials; students lose a tutorial attendance mark if more than ten minutes late.

Lecture Slides and Recordings
There is substantial evidence that shows that physically attending lectures improves text/exam performance. Lecture slides and recordings supplement lecture attendance. Lecture presentation slides are typically posted following lecture. Most, but not all, lectures will be recorded through lecture
capture technology. Please note that access to the lecture recordings will be restricted following the Final Exam until one week prior to the Deferred Final Exam.

Course Text
This course utilizes a Course Reader entitled *Exploring Kinesiology Through Our Sociological Imaginations* and a Critical Skills Manual. The shrink-wrapped course kit can be obtained from the York University Bookstore in York Lanes. The course kit changes each year; make sure to purchase the 2018-2019 version. Please note that the 2018-19 edition (and only the 2018-19 edition!) has activity pages in it that are required in tutorials. Consult the Weekly Lecture and Required Reading Schedule (see below) for dates of required readings.

Copyright Information
These course materials are designed for use as part of the HH/KINE 1000 course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law. Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law.

Course Evaluation

<table>
<thead>
<tr>
<th>Assessment Item</th>
<th>Percentage of Final Grade</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quiz Zero</td>
<td>MANDATORY</td>
<td>By Monday, October 1, 2018</td>
</tr>
<tr>
<td>Body and Society Paper</td>
<td>10%</td>
<td>Monday, October 15, 2018</td>
</tr>
<tr>
<td>In-tutorial Mid-Term Tests (5)</td>
<td>40% (8% each)</td>
<td>The weeks of October 1, October 29, November 19, 2018, January 21, and Feb 11 2019</td>
</tr>
<tr>
<td>Leisure Mapping Assignment</td>
<td>20%</td>
<td>Monday, February 25, 2019</td>
</tr>
<tr>
<td>Tutorial Participation</td>
<td>5%</td>
<td>Grade to be calculated following final tutorial of winter term</td>
</tr>
<tr>
<td>Tutorial Attendance</td>
<td>5%</td>
<td>Grade to be calculated following final tutorial of winter term</td>
</tr>
<tr>
<td>Final Exam</td>
<td>20%</td>
<td>Date and Time TBD</td>
</tr>
</tbody>
</table>

**QUIZ ZERO**

TO ENSURE THAT ALL STUDENTS ARE FAMILIAR WITH THE POLICIES OF KINE 1000, YOU MUST COMPLETE “QUIZ ZERO” WITHIN MOODLE BY MONDAY, OCTOBER 1, 2018.

You will not receive any grades from the Fall term until you complete Quiz Zero with a perfect score. The completion of Quiz Zero indicates that you have read and understood the policies of the course as indicated in this course outline.

Our thanks to and acknowledgement of Dr. Georgopoulos (AS/ECON 1000/1010) for this course feature.
Assignment Submission

- Follow mandatory format requirements.
- Submit a hard copy of your assignment at the beginning of lecture in class on the due date AND a copy to Turnitin no later than the beginning of lecture on the due date. Both submissions must be made on time in order to avoid a lateness penalty. Assignments submitted outside of lecture will only be accepted at 306 Strong. Assignments handed in to 341 Bethune (Undergraduate Office) may not be accepted.
- Include your Tutorial Leader’s name and Tutorial Number (failure to include this information may result in a penalty).

Lateness Penalties

<table>
<thead>
<tr>
<th>Time</th>
<th>Grading Impact</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 pm</td>
<td>Late but no penalty</td>
</tr>
<tr>
<td>After 12:00 pm</td>
<td>20% grade reduction</td>
</tr>
<tr>
<td>After 4:30 pm</td>
<td>No grade (0%)</td>
</tr>
</tbody>
</table>

ASSIGNMENT DUE DATES AND TIMES ARE STRICTLY UPHELD.

Late assignments will be penalized unless they are accompanied by a doctor’s or court-date note, or by other official documentation detailing a serious matter. Be aware that doctor(s) must complete York University’s Attending Physician Statement to be found on York’s Registrar site. Any other forms of doctor’s notes are not acceptable. Documentation must be attached to the assignment and the assignment must be handed in as soon as possible. If you anticipate not being able to hand in your assignment for more than two weeks from the due date for medical reasons, or for some other serious matter, you must contact the Course Director immediately in addition to providing formal documentation. Assignments handed in without formal documentation later than 4:30pm on the day after the due date will NOT be marked at all and will automatically receive a grade of zero.

Turnitin

Instructions for submission will be provided on Moodle. Please follow the instructions closely prior to submitting your work to Turnitin as you will only get one chance to submit your work. If you prefer not to submit to Turnitin, you must contact the Course Director 14 days before the assignment deadline, submit all draft copies, write an Annotated Bibliography of all the references used and be prepared for an oral presentation and defence of your work.

Appeals Process

If you believe that your assignment should be re-evaluated, explain why in a one-page, typed letter to Tutorial Coordinator Dr. Nick Ashby. Staple this to the graded paper and drop it off at 306 Strong (if the office is closed, push your submission under the door). The appeals submission deadline for Fall term work is Monday November 19, 2018 and Monday April 1, 2019 for Winter term work. Appeals submitted after these deadlines will NOT be accepted. Please note that the grade for reassessed assignments may go up, down or remain the same. Appeals process decisions are final.

Missed In-Tutorial Tests Policy/Procedure

Procedure:

1. If a student misses an in-tutorial test, the weight of the missed test will be automatically added to the make-up in-tutorial test that will be held on January 11, 2019 (Fall term) or April 3, 2019 (Winter term).
2. Missed in-tutorial tests in the Fall term must be made up during the Fall make-up in-tutorial test. Missed in-tutorial tests in the Winter term must be made up during the Winter make-up in-tutorial test.

3. Students who do not write the make-up in-tutorial test on the specified date for the term will receive a “0” for any and every missed in-tutorial test in that term.

4. For missed in-tutorial tests, students are NOT required to provide official documentation. Tutorial leaders will forward the names of students who have missed in-tutorial tests to the Course Director at the end of the Fall and Winter terms. Only students whose names have been forwarded to the Course Director by their Tutorial Leader will be allowed to sit the make-up test.

5. The location of the make-up in-tutorial test will be posted on the course Moodle page. Students are responsible for checking Moodle regularly to find the test location.

6. Only ONE (1) make-up in-tutorial test opportunity will be offered per term. You must be available to write the make-up in-tutorial test. No exceptions will be made for any student.

Missed in-tutorial tests from Fall term: CUMULATIVE make up test in January 11, 2019.
Missed in-tutorial tests from Winter term: CUMULATIVE make up test on April 3, 2019.

Missed Final Exam Policy/Procedure

Procedure:

1. Students must complete and submit, in a timely manner, official documentation (Attending Physician’s Statement, court notice, and/or other official documentation).

2. Students must request permission from the Course Director to attend the make-up final exam. The opportunity to sit the make-up exam is NOT guaranteed.

3. Only ONE (1) make-up final exam will be offered (date TBD). You must be available to write the make-up final exam. No exceptions will be made for any student.

4. Please note that we reserve the right to change the format of the make-up final exam.

Very late extensions or accommodations for the Final Exam will require students to submit a formal petition to the Faculty of Health. Only one make-up final exam will be offered to those students who missed the final exam. You must be available to write the make-up exam at the designated date and time. Please note that we reserve the right to change the format of the make-up in-tutorial test and/or make-up final exam.

KINE1000 adopts a zero-tolerance policy with regard to Breach of Academic Honesty. Please refer to the York University Secretariat website <http://secretariat-policies.info.yorku.ca/policies/academic-honesty-senate-policy-on/> for Senate Policy on Academic Honesty as well as to the Faculty of Health’s Academic Integrity Tutorial webpage <http://health.yorku.ca/current-student-information/academic-integrity-tutorial/>. Please note that the buying and selling of course material (including lecture slides, evaluation items, materials from the Reader and/or Critical Skills Manual) may constitute an infringement of intellectual property rights and/or a breach of Academic Honesty. Additional information on Student Rights and Responsibilities can be found at <http://www.yorku.ca/oscr/pdfs/CodeofRightsandResponsibilities.pdf>.
# Weekly Lecture and Required Reading Schedule – Fall 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Lecture and Required Reading(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept 5</td>
<td>Welcome and Housekeeping</td>
</tr>
</tbody>
</table>
| Sept 10, 17   | Power and the Social Body (HH)  
| Sept 12       | Destination Graduation                                                                                                                                                                                                               |
| Sept 19, 24   | Critical Thinking and Thinking Critically (YN)  
| Sept 26, Oct 1 & 3 | Social Class and Social Determinants of Health (PS)  
| Oct 6-12      | Fall Reading Week (Oct 8th Thanksgiving)                                                                                                                                                                                             |
| Oct 15, 17    | Whose Knowledge Counts?  
| Oct. 22, 24   | The Social Construction of Disease  
| Oct 29, 31    | Sex and Gender  
7-98. |
| Nov 5, 7      | Reading the Body  
| Nov 12, 14    | Media and Representation in Sport  
Fink, J.S. (2015). Female athletes, women’s sport and the sport media commercial complex: have we really ‘come a long way, baby’? *Sport Management Review, 18*, 3, 331 -342. |
| Nov 19        | Sociology in Action (TBA)                                                                                                                                                                                                                |
| Nov 21, 26    | Risk, Violence and Pain  
| Nov 28, Dec 3 | Sexuality and Heteronormativity  
<table>
<thead>
<tr>
<th>Date</th>
<th>Lecture and Required Reading(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 7</td>
<td>Welcome Back and Housekeeping</td>
</tr>
<tr>
<td>Jan 9</td>
<td>Writing Process (NA)</td>
</tr>
<tr>
<td>Jan 21</td>
<td>Sociology in Action - Dr. Merv Mosher</td>
</tr>
<tr>
<td>Feb 16-22</td>
<td>Winter Reading Week</td>
</tr>
<tr>
<td>Apr 3</td>
<td>Winter Review Day</td>
</tr>
<tr>
<td>Apr 5 –20</td>
<td>Winter Exam Period: Final Exam (30%) – Date and Time TBD</td>
</tr>
</tbody>
</table>
Assignments – Specific Instructions: Body and Society

Worth: 10% of final grade
Due in lecture and at Turnitin: Monday October 15, 2018

Length: 4 pages double-spaced + title page, 12pt Times New Roman, one inch margins all around, numbered pages (except title page), paragraphing, short introduction and conclusion required, no underlining or boldface, no research required but non-superficial discussion and analysis expected, length limit strictly observed – your essay will not be read beyond the first four pages and the grade will be based solely on these four pages. No direct quotations permitted.

Grading criteria: Clear, well-argued thesis; effective organization of information in the body of the essay; grammar, spelling, vocabulary, and format

Instructions: We have all heard expressions such as “first impressions are important,” and “we are judged (even by ourselves) on appearances.” Such judgments (values) are not limited to how our bodies look when standing in front of a mirror, but also to how we dress our bodies and move them in social spaces.

Drawing on your own experiences of how others (and/or yourself) relate to you because of your body: 1) describe some of the judgments (positive and/or negative) people (or yourself) make about you based on the way your body looks (this can include features of your body, the way you move your body, or how you dress or present your body). Next, 2) reflect on your description in 1) and develop a thesis about where these judgments come from – does your body itself cause others (or yourself) to judge you thus? If so, how? If not, how does your body lead you to be judged (or to judge yourself) in this/these way/s?

Please note: You are allowed to use personal pronouns, but standard thesis-based essay structure applies. You must indicate your thesis in a short introductory paragraph, and then dedicate the body paragraphs of your essay to accomplishing 1) and 2) (see above). Finish your essay with a short conclusion paragraph in which you summarize how you arrived at your thesis. Be sure to provide a descriptive title for your essay on the title page. If you are unsure about how to write a thesis-based essay, consult pages 80 to 91 of your Critical Skills Manual, which came as part of your KINE1000 course kit.

ADDITIONAL INSTRUCTIONS FOR ASSIGNMENT #1

You must submit an electronic copy of the essay to Turnitin by the due date. You must also hand in a hard copy of the essay, stapled in the top left corner (no folders, files, paperclips etc.). Please do not forget to include an unnumbered title page before the first page of the essay.

Be sure to follow the Mandatory Format Requirements for all written assignments.
Assignments – Specific Instructions: Leisure Mapping Essay

Worth: 20% of final grade
Due in lecture: Monday February 25, 2019

Length: 7 pages double-spaced + references page + time map + title page, 12pt Times New Roman, one inch margins all around, numbered pages (except title page and time map); thesis-based essay structure required, paragraphing required, no underlining or boldface, no direct quotations; research-based discussion and analysis expected, drawing on and elaborating themes and key ideas from the course; length limit strictly observed – your essay will not be read beyond the first seven pages and the grade will be based solely on these seven pages together with the references page and time map.

Grading criteria: Clear, effective time map; clear, insightful analysis of time map in terms of ideas and themes of the course using research sources; correct APA in-text citations and references page; correct number and types of research sources; effective organization of information; correct essay structure; grammar, spelling, vocabulary and format.

Instructions:

1) Create a time map of your daily activities over the course of a typical week in your life. To create the time map, divide each day of the week into twenty-four one-hour units. Record what you do in each of the hourly units. This will produce an hour-by-hour record of what you did on each day of the week. The format of your time map is left open, but it must have your name on it and be neat, legible and word-processed on 8.5 x 11” sheets of paper (same size as the essay) using 12pt Times New Roman.

2) Write a seven-page essay in which you exercise your sociological imagination to critically analyse your time map, paying particular attention to time for leisure and recreation (broadly defined). Your essay should draw on information from your research sources (see step 3 below) to help you describe and critically discuss the activities that make up your leisure and recreation. Critical discussion will involve identifying dominant sociocultural factors (e.g. social, political, economic, cultural, environmental) that facilitate and/or constrain your leisure and recreation. If you are unfamiliar with how to organize an essay, consult the chapter on essays in your Critical Skills Manual that came as part of your course kit.

3) Conduct research to locate six academic sources (two books published no earlier than 2010, two academic journal articles published no earlier than 2010, and two government sources) that help you to critically discuss your time map (see step 2 above). Loosely paraphrase relevant information from your sources (no direct quotations or close paraphrase allowed) and provide APA in-text citations for the paraphrased information. Provide full bibliographic details for your six sources in an APA references list at the end of the essay. The references list must begin on page eight and not exceed one page double-spaced. If you are unsure about how to conduct research or unsure about how to do APA in-text citations and references, consult the chapters on research skills and APA citations and references in your Critical Skills Manual.

4) Create a title page (see template in the Course Outline). Put it at the front of the essay, your time map at the back of the essay and staple the whole in the top left corner (no paperclips, bull clips, folders or scrunched up corners allowed). Hand in at lecture on the due date. Also submit an electronic copy of your essay (omitting the time map) to Turnitin by the due date.

Be sure to follow the Mandatory Format Requirements for all written assignments.
Tutorial Attendance and Participation

Worth: 10% of final grade

Length of Attendance and Participation: Twenty-two weekly tutorials spread over the fall and winter terms 2017/18, beginning in the week of Monday September 17, 2018.

Grading criteria for Attendance: Attendance will be recorded at every tutorial. Each tutorial is worth an equal portion of 5%. Non-attendance at tutorials will result in a lower attendance grade, determined by the number of tutorials missed. Please note that attendance marks will not be awarded retroactively. If your tutorial leader’s attendance sign-in sheet or register indicates that you were not at a tutorial even though you believe you were, you lose the attendance mark. It is therefore your responsibility to ensure that you have been recorded as present at each tutorial you attend at the time of attending it. You also lose an attendance mark if you arrive at tutorial more than ten-minutes late even though you are present for the remainder of the tutorial. Please note that deducted marks for non-attendance can only be appealed by providing official medical or legal documentation. The deadline for such documentation is Monday, December 3, 2018 for the fall term, and Friday, April 5, 2019 for the winter term. This documentation must be handed in at 306 Stong by the deadline.

Grading criteria for Participation: Sustained, knowledgeable contributions to discussion over the twenty-four tutorials and willingness/preparedness to engage in tutorial activities are worth a maximum of half of the 10%. The tutorial activities include completion of the activity sheets in the Reader that will be collected at the end of each tutorial. These inserts will be assessed for completion only. At the end of the course, your tutorial leaders will determine your mark, based on their judgment of the quality of your overall contribution. Note that your participation mark cannot be argued or appealed.

Instructions:
Tutorials are regarded as very much part of the learning process and as an essential ingredient of your degree-level education. Deep understanding comes from being able to talk with ease about ideas, concepts, theories, and arguments from the course. Tutorials offer you the chance to learn how to articulate ideas with precision and so develop your understanding of course readings, to learn how to listen carefully to other points of view, and to learn how to think critically and make considered responses. Not only are these skills essential to developing a genuine understanding of the course, but they are essential to being an active and engaged citizen as a practitioner in a kinesiology-related career field. For all these reasons, attendance at tutorial is mandatory. Ensure that you know which section you are in (A or B) and your tutorial number, time, and location (these details are in your registration documentation). Arrive at tutorials punctually.

In order to be able to participate in tutorial effectively, it is essential that you have read and thought about the assigned weekly reading/s before tutorial. If you come to tutorial without having done the reading, your comments will lack the degree of detail and precision expected. Although speaking up and talking will get you some sort of participation mark, York’s grading scheme applies, so the mark could be anything from an F to an A+. In other words, do not assume that you will get a great participation mark if you do a lot of talking at every tutorial. For the talk to have quality, you have to have done the reading and thought about it. Look at your timetable and assign yourself daily reading periods to help ensure that you have time to do the course readings each week before tutorials. If you are struggling with time-management, consult pages 20 to 26 of the Critical Skills Manual, which came as part of your KINE1000 course kit.

Note: You will NOT be informed of your attendance and participation mark by your tutorial leader. At the end of the course your TL will simply calculate your overall mark for attendance and participation and submit it for processing.
Essay Marking Abbreviations and Symbols

In evaluating and commenting upon your work, Tutorial Leaders may employ some of the following Essay Marking Abbreviations and Symbols:

- **ab**: abbreviation inappropriate or incorrect
- **ack**: acknowledgement of reference for idea/fact is missing or faulty
- **agr**: agreement faulty
- **apa**: APA referencing style is not employed
- **awk**: awkwardness
- **cap**: capitalization needed
- **cl**: clarity lacking
- **coh**: coherence lacking
- **colloq**: colloquial or informal language used
- **d**: diction faulty
- **dev**: development inadequate
- **evid**: evidence is required to support argument
- **fs**: fused or run-on sentence
- **gr**: grammatical error
- **lc**: lower-case letter needed
- **leg**: illegible
- **log**: logic faulty
- **nsw**: no such word
- **p**: punctuation faulty
- ¶: paragraph needed
- **q**: quotation or quotation marks mishandled
- **red**: redundancy
- **sp**: spelling error
- **ss**: sentence structure or sense faulty
- **tr**: transition weak
- **var**: variety lacking
- **vb**: verb form wrong
- **ww**: wrong word
Descriptive Title of your work

Your name
Your student number
Section A or B
Tutorial leader’s name
Tutorial number
Assignment Type:
Date: (the assignment due date)

2018-2019 KINE1000 6.0 Socio-cultural Perspectives in Kinesiology
York University