

YORK UNIVERSITY
Faculty of Health
SCHOOL of KINESIOLOGY and HEALTH SCIENCE

Course: AS/SC/HH KINE 2475 3.0 Coaching: The Art & Science (Fall 2018, Section A)

Course Web Page: TBD

Prerequisite/Co-requisite: None

Course Instructor: Gerard Carlse 416 261-1540
gcarlse@bellnet.ca

Time and Location:

Section	Day	Time	Location
A	Tuesday	2:30 – 4:00 pm	DB 0010
	Thursday	2:30 – 4:00 pm	DB 0010

Office Hours: By appointment

Expanded Course Description:

The course expands on and enhances the requirements of the National Coaching Certification Program (NCCP) Part A and Part B Introduction to Competition curriculum. A brief history of the development of coaching education in Canada is presented and then students are guided through their reflections on approaches, roles and profiles of coaches. Issues in the sporting milieu are explored by examining philosophy and values when making ethical decisions while developing a positive sport/coaching environment. A special emphasis is placed on being able to plan and then conduct effective practices focusing on teaching and learning processes. In addition, the course will look at designing a basic sport program within the context of Long Term Athlete Development (LTAD). The course will also provide a background to assist the coach in providing basic nutritional advice and incorporating basic mental skills to athletes in the Fundamentals, Learning to Train and Training to Train stages of the LTAD model.

Course Content and Learning Objectives:

In taking this course, students will cover more than just the minimum education and training opportunities for Competition: Introduction Stream sport coaches as offered through the National Coaching Certification Program (NCCP). Upon completion of this course, students should develop some of the abilities to implement outcomes in the following areas:

1. Applying the NCCP ethical decision making framework in response to ethical situations
2. Organizing activities within a practice plan that are well structured, adapted to the participants' age and reflect safety considerations
3. Creating conditions that promote learning and self-esteem
4. Designing a basic sport program that incorporates LTAD principles
5. Promoting food choices that are consistent with basic sport nutrition principles
6. Guiding athletes to improve basic mental skills.

In addition, as students progress through each module of the NCCP Workbook, they will work on developing five core competencies that will help them become a more effective coach and have a more meaningful impact on athletes' experience. These competencies are problem solving, valuing, critical thinking, leading and interacting.

Course Texts:

NCCP. (2007a), Introduction to Competition: Part A - Reference Material. National Coaching Certification Program - Ottawa: Coaching Association of Canada

NCCP. (2007b), Introduction to Competition: Part A - Coach Workbook. National Coaching Certification Program - Ottawa: Coaching Association of Canada

NCCP. (2007c), Introduction to Competition: Part B - Reference Material. National Coaching Certification Program - Ottawa: Coaching Association of Canada

NCCP. (2007d), Introduction to Competition: Part B - Coach Workbook. National Coaching Certification Program - Ottawa: Coaching Association of Canada

Course Evaluation:

Numerical scores will be assigned to each item of course work. However, there should be no assumption that a certain total course mark translates to a specific letter grade. Letter grades will be assigned based upon the descriptions found in the York University Undergraduate Calendar.

– <http://www.registrar.yorku.ca/calendars/2017-18/academic/grades/index.htm>

Final course grades may be adjusted to conform to Program or Faculty grades distribution profiles.

Coach Workbook Modules	10%
Making Ethical Decisions (MED) On-line Assessment	5%
Mid-term Examination	30%
Practice Observation Report	25%
Final Exam	30%

NOTE: Upon successful completion of KINE 2475 3.0, students will become registered with the National Coaching Certification Program. Their participation in and completion of the Introduction to Competition: Parts A and B will be documented.

The last day to drop a Fall Term course without receiving a letter grade is:

Friday, November 9, 2018

Workbook Modules: The appropriate Workbook (Part A or Part B) should be brought to class on a daily basis. Specific pages and/or modules will either be assigned as homework or will be completed as a class task. The workbooks will be collected **at the end of class**, on the specific task/module due date. Workbooks will be checked and appropriate credit will be given for submission. No submission and no credit will be given! Workbooks must be submitted during class only! Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified for the assignment. Workbook module assignments are to be handed in as indicated

Part A

	Module	Submission Date
1.	Introductory Module	TBD
2.	Making Ethical Decisions	TBD
3.	Planning a Practice	TBD
4.	Nutrition	TBD

Part B

5.	Teaching and Learning	TBD
6.	Design a Basic Sport Program	TBD
7.	Basic Mental Skills	TBD

TurnItIn.com In order to continue promoting an environmental culture of academic integrity befitting our community of scholars, students will be asked to directly submit their work in digital form to **“TurnItIn.com”**.

TurnItIn.com is an Internet-based service created at the University of California, Berkeley to scan submitted works for similarity to material that may have been copied from public web-sites, academic journals, papers purchased from an essay mill, etc., and essays and assignments concurrently or previously submitted to **TurnItIn**, which are stored in its extensive and growing data-base. Students are asked to do this as “it can help to advance the academic reputation of the course, the program and the university, making the degree potentially more valuable to the student and to employers of our students”. Students should be assured that the results from “**TurnItIn.com**” will not be viewed until after the papers have been graded.

For those students unwilling to submit their work to “**TurnItIn.com**”, which is their prerogative, in order to receive credit for the work, they will need to:

1. Submit all rough copies of their work
2. Submit an annotated bibliography of reference titles selected
3. Make an oral presentation to the course director of their learning outcomes.

Students may take a limited number of courses for degree credit on an ungraded (pass/fail) basis. For full information on this option see Alternative Grading Option in the Faculty of Health section of the Undergraduate Calendar

Lateness Penalty: Assignments received later than the due date will be penalized as indicated. Exceptions to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the Course Instructor but will require supporting documentation (e.g., a doctor’s letter).

Missed Tests: Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., doctor’s letter) may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

IMPORTANT COURSE INFORMATION FOR STUDENTS

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Curriculum & Academic Standards webpage (see Reports, Initiatives, Documents)

- http://www.yorku.ca/secretariat/senate_cte_main_pages/ccas.htm

- York’s Academic Honesty Policy and Procedures/Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation