Faculty of Health
School of Kinesiology and Health Science

Acknowledgement of Indigenous Peoples and Traditional Territories:
York University recognizes that many Indigenous nations have longstanding relationships with the territories upon which our campuses are located that precede the establishment of York University. We acknowledge our presence on the traditional territories of the Mississaugas of New Credit, the Huron-Wendat, the Haudenosaunee Confederacy and the Métis Nation of Ontario.

Social Determinants of Physical Activity and Health in Canada

Course: KINE 4485 3.0
Course Website: Accessed via Moodle <https://moodle.yorku.ca>
Term: Winter Term 2019

Time/Location: Thursday 12:30-2:30 pm Location: DB 1005

Course Director (CD): Tammy George, Ph.D.
Email: georget@yorku.ca
Office: 319 Stong College
Office Hours: Tuesday 12:30-2:00 PM or by appointment.

Expanded Course Description:
The purpose of this course is to help students better understand the social determinants that shape the health of individuals, communities and the ability to engage in meaningful physical activity opportunities. Specifically, students will critically analyse: (1) the extent to which individuals have the resources to attain optimal health, broadly defined; and (2) the dynamic interplay of economic, political and social forces within which forms of sport, physical activity and health promotion initiatives have been developed, implemented, and contested in Canada. Students will examine these issues both at the level of social/historical and personal/immediate.

Course Learning Objectives:
1. To gain a basic and critical understanding of some of the major economic, political and social forces that influence health and frame sport and physical activity in Canada;
2. To apply key concepts in the evaluation and assessment of sport and physical activity opportunities and of resources for optimal health.
3. To develop skills for critical evaluation, written expression, and oral presentation in order to be able to understand, assess, critique and communicate effectively the ideas, concepts, perspectives and arguments addressed in the course lectures and readings.
Organization of the Course: The course involves formal lectures by the CD and invited guests, supplemented with films and videos where appropriate. The required readings are central to the course. The lectures will serve to enrich, clarify, and illustrate crucial issues from the assigned readings. Discussion will be incorporated into all of the lectures.

Course Text/Readings: Reading is an important aspect of this course. It provides the foundation or what we will be covering on a week to week basis. Most readings are available in electronic format through York University's Library. At times links to download the readings are provided through Moodle. Please see below in the course reading schedule where to locate the readings for the assigned week. I will let you know if and when a reading needs to be accessed through other means.

Course Evaluation:

<table>
<thead>
<tr>
<th>Assessment Item</th>
<th>Percentage of Final Grade</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>Personal Reflection Paper</td>
<td>15%</td>
<td>January 24th (In Class)</td>
</tr>
<tr>
<td>Health Media Review</td>
<td>15%</td>
<td>March 7th (in class)</td>
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<tr>
<td>Class Seminar Presentation</td>
<td>20%</td>
<td>Choose any week after January 24th onwards</td>
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<tr>
<td>Participation Grade</td>
<td>10%</td>
<td>Ongoing</td>
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<tr>
<td>In Class Midterm Test</td>
<td>20%</td>
<td>February 14th (In Class)</td>
</tr>
<tr>
<td>Take Home or in Class Test (TBD)</td>
<td>20%</td>
<td>Due: Last Class (March 28th or April 4th)</td>
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Course Policies

Unless specified otherwise, all written work must:

- Be submitted in class to the CD and uploaded onto Moodle.
- Include a Title Page with Student Name and Number
- Be double-spaced
- Use 12pt Times New Roman font
- Use one inch margins all around
- Have numbered pages
- Use paragraphs (point form notes are not acceptable)
- Use APA formatting for in-text citations and referencing (see APA Publication Manual, 5th Ed.)

Important Course Information

Grading:
The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ =7, C+ = 5, etc.). Assignments will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.) (For a full description of York grading system see the York University Undergraduate Calendar - http://calendars.registrar.yorku.ca/2013-2014/academic/grades/)
**Assignment Submission and Lateness Penalties**
Proper academic performance depends on students doing their work not only well, but on time. Accordingly, you are required to submit your assignments at the beginning of class on the due date. Electronic copies will not be accepted unless prior arrangements have been made.

An assignment is LATE if submitted after 3:00 PM on the due date. Late assignments will be penalized 5% per day, unless they are accompanied by an Attending Physician Statement (see www.registrar.yorku.ca/index.php), court-date note, or by other official documentation detailing a serious matter.

**Appeals Process**
You may ask for a grade reassessment on an assignment. This, however, is not an ordinary occurrence but an exception. Simply wanting a higher grade is not an acceptable reason for requesting a reassessment. If you believe that your assignment has been wrongly graded, explain why in a maximum one-page, typed letter or email and submit to the CD by the next lecture date. Your grade may go up, down, or remain the same. Grade reassessment decisions are final. Participation Grades cannot be appealed.

**Assignment Deadline Extension and/or Missed Exam**
Students with a documented reason for requiring an extension or for missing the exam, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., doctor’s letter) may request accommodation from the CD. The length of the extension is up to the discretion of the CD. Students must write a make-up exam within 10 business days of the original exam date. Further extensions or accommodation will require students to submit a formal petition to the Faculty.


**Email policy**
Students are welcome to use email to share comments and concerns not raised in class. However, email communication will be reserved primarily for arranging appointments and/or attending to issues that need to be resolved immediately (i.e., cannot wait until the next lecture). Where possible, consult the course outline prior to emailing since often the information is there. Course material will be reviewed in class or in office hours only. Every effort will be made to respond to emails within one to two business days. Please note that on weekends I do not check email as frequently and therefore, my responses will be slower.

**Student Accessibility Services (SAS)**
SAS provides academic accommodations and support to students with documented disabilities who are enrolled in programs at York’s Keele Campus. To register with Student Accessibility Services,
students should upload their disability-related documentation to the online registration format: accessibility.students.yorku.ca

Contact Info: By email: sasinfo@yorku.ca OR by Phone: 416.736.5755
SAS is located in N108 Ross Building or N204 Bennett Center for Student Services

**Food and Housing Insecurity**
When students face challenges securing food and/or housing, it can be difficult and challenging to learn. If you are in this situation and feel comfortable, please let me know, and I will do what I can to connect you with the appropriate resources. Our campus offers various services and supports for students; know that you are alone in dealing with these issues.

**Accommodations with Students with Children**
Many students have care responsibility for a child in their life, whether as a parent, guardian, and older sibling, cousin etc. If your childcare needs come into conflict with the course schedule, please don’t feel as though you need to miss class. I understand that sometimes, plans fall through and should this happen you are welcome to bring your child to class with you. I kindly ask that you bring materials to keep them busy and remain mindful of your classmates. If you have any questions or concerns, please do not hesitate to contact me.

**The Centre for Sexual Violence, Response, Support and Education**
If you or your colleagues are dealing with issues in relation to sexual violence or require support, The Centre for Sexual Violence, Response, Support and Education can provide you with the support you may need. They can be reached at: 416.736.5211.

**Writing Centre**
The Writing Centre at York University can be a very useful tool throughout in your academic journey. If you feel that you struggling with your writing, make an appointment with the writing Centre as soon as possible. They offer online tutoring, on-campus tutoring and writing workshops. They are located in the Ross Bldg. S311, by phone: 416.736.5134 or at: writing-centre.write.laps.yorku.ca OR lapswrit@yorku.ca

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### Weekly Lecture and Required Reading Schedule

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<thead>
<tr>
<th>Week 1</th>
<th>Welcome and Introduction</th>
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<tr>
<th>Week 2</th>
<th>Theoretical Grounding I: Review Social Determinants of Health from previous week</th>
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<tr>
<td>Week 3</td>
<td>Theoretical Grounding II: SDH Colonialism and Indigenous Peoples in Canada</td>
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<th>Week 4</th>
<th>Space and Place</th>
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<tr>
<th>Week 5</th>
<th>Welfare State, Sport and Health</th>
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<tr>
<td>Week 6</td>
<td>Feb. 7</td>
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<tr>
<td>Social Exclusion and Physical Activity</td>
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<th>Week 7</th>
<th>Feb. 14</th>
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<tr>
<td><strong>MIDTERM TEST (In Class)</strong></td>
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<tr>
<th>Week 8</th>
<th>Feb. 17 -22</th>
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<tr>
<td><strong>WINTER READING WEEK</strong></td>
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<tr>
<th>Week 9</th>
<th>Feb. 28</th>
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<tbody>
<tr>
<td>Social Exclusion and Health</td>
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<td><strong>Access to Services</strong></td>
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| Week 10 | March 7 | Consumer culture, health and physical activity  
***Health Media Review Due*** |
| Week 11 | March 14 | Commercialization and Corporatization: Implications for Health & Physical Activity  
| Week 12 | March 21 | Globalization: Implications for Health and Physical Activity  
So now what? Building towards the Future  
| Week 13 | March 28 | LAST CLASS:  
FINAL TERM TEST or TAKE HOME (TBD) |

**Instructions on Course Evaluation Items**

**Personal Reflection Paper (15%) Due: January 24th, 2019 (In Class and via Turnitin)**

Students will write a 2-3 page double-spaced personal reflection of how social determinants shape or have shaped their health and physical activity experiences. This is an opportunity for students to be creative, and thus, students do not need to conform to a typical essay form if they do not wish to. It can take the form of a journal entry, a script for a play, or a poem. It can be in the form of a newspaper article written in third person, a short story or even a children’s story. Scholarly references are not required; however, students must demonstrate how the course material has helped them better understand how social determinants shape their health and opportunities for meaningful physical activity.
Health Media Review (20%): Due: March 7th, 2019 (In class and online via Turnitin)
The purpose of this assignment is to begin to sensitize you to the social, political and economic
factors that may be addressed or neglected in physical activity and health promotion campaigns.

I. Choose a video that discusses a physical activity or health promotion intervention. The video you
choose should be posted by credible health and/or physical activity organizations or individuals such
as the American Cancer Society, OPHEA, ParticipACTION, a physician, nurse, a P.E. teacher, etc. If you
are unsure, be sure to check with the course director for approval.

II. Write a brief synopsis of the video. Assess the overall strengths and weaknesses of this
campaign/message. Demonstrate social determinants that are effectively addressed by the
campaign, identify any social determinants that you think should have been included and discuss the
implications of this oversight. Cite specific examples of dialogue, images or other video features to
make your case. The review is to be a maximum of 5 pages, double-spaced, not including
references. Writing counts!

In Class Midterm Test and Take Home and/or in Class Final Test (20%)
Midterm Test: Thursday, February 14th, 2019
Final Term Test: TBD
A 120 minute exam will be held in class on the required readings and lecture material. Details will be
provided in class.

Group Seminar Presentation (20%): Sign up and choose a week at your discretion after January 24th.
Students will choose any week after to present on one of the articles for their chosen week. Details
will be further provided in class and posted on Moodle.

Course Participation/Facilitation (10%): Ongoing
Students are expected to be prepared for and regularly attend the entire class. Attendance will not
count towards your participation, however, if you are not present, you cannot participate effectively.
Evaluation is primarily based on students’ discussion of the material in an informed manner, in other
words, in a manner that is grounded in course material. Personal anecdotes and opinions are
valuable sources of information but primary contributions to class discussion should be based on
weekly readings and lecture material. When personal experiences and/or opinions are shared,
students are encouraged to connect these anecdotes with course material. Students will also be
evaluated on their facilitation of class discussion, specifically with regard to reading- and lecture-
based questions. Facilitation involves building on, responding to, etc, the comments made by peers
and the CD in a thoughtful manner. For full participation grades, students must participate
consistently throughout each lecture and each week.

Course participation supplement: For students who have difficulty contributing to the class
discussion, you may submit your participation in writing (i.e., here’s what I wanted to say in class but
couldn’t). This submission can be a maximum of two paragraphs, double spaced. This statement
must be emailed to the CD by 5:00 pm on the day of the lecture to which you are referring.