

York University

Faculty of Health

School of Kinesiology and Health Science

PKIN 0302

Men's Basketball

The aim of this course is to give students a basic analysis of learning the fundamental skills of the game of basketball necessary to enjoy and have fun in a team sport environment. The basic technics and tactical skills will be covered in basketball, along with learning basketball drills and set plays to enjoy and play an organized game.

Instructor: Deb Fullerton

Email address: debfull@yorku.ca

Session: Winter

Where: Main Gym

Section: M

Time: 12:30pm – 1:30pm **Monday/Wednesday**

Dress: Shorts or track pants and T-Shirt, running shoes (active wear)

Evaluation:	Practical	-50% attendance
	Project	-20% class participation
	Testing	-30% written test

CONTENT:

- An in depth analysis of basic skill development of basketball include footwork, ball handling skills, dribbling, passing, shooting, lay ups and pivoting.
- An in depth analysis of some drills, tactics and strategies within an organized setting.
- Use of lead up games to practice and develop skills include passing and receiving games.
- In Depth comprehension of the rules of basketball and purpose.
- Fitness development activities and footwork used in basketball
- Method of organization to learn tactics and practice game skills.
- Learning how to organize, write up and set up tournament play.
- The value of learning to teach and present skills and drills of the game of basketball.

ATTENDANCE 80% required by Department PKIN policy.

As this is mainly a participation course, attendance will affect your grade.