

**YORK UNIVERSITY  
BASIC COURSE OUTLINE  
KINESIOLOGY AND HEALTH SCIENCE  
PRACTICUM COURSE - SOCCER**

**Course:** PKIN 0328 - Soccer  
**Term:** Fall 2018

**Course Webpage:** N/A

**Prerequisite / Co-requisite:** None

**Course Instructor**

Stephanie Bowerman, Ph.D.  
sbowerma@yorku.ca      Course consultation hours: By Appointment on Thursday

**Time and Location**

Tutorial Group: Section A & B (8 week course)

PKIN 0328 Section A: T/TH 9:30am - 11:00am  
(\*Sept 4<sup>th</sup> meet indoors to review course syllabus/expectations)

PKIN 0328 Section B: T/TH 11:00am - 12:30pm  
(\*Sept 4<sup>th</sup> meet indoors to review course syllabus/expectations)

Location: TBA

**\*\*\* For bad weather days - location TBA**

**NOTE:** In case of a bad weather day (e.g., rain), class will resume indoors in a designated classroom. Once a rain day is identified, a classroom will be reserved on the day of, on an individual basis. This will occur on the morning of the class and an email will be sent to provide students with the location. Attendance is required.

**Expanded Course Description**

**Organization of the Course** - This introductory Soccer PKIN is intended for those with little to minimal soccer experience. The focus of the course is to develop the fundamental movement, sport, and decision making skills associated with soccer. Soccer skills such as dribbling, passing and receiving, trapping, heading, shooting, free kicks, throw-ins and defending will be addressed. Students will learn different offensive and defensive tactics. Agility, balance, coordination and speed will be integrated into the learning environment. The course will be taught through demonstration, instruction, and practice. Reading materials will be used throughout the course from the internet and handouts. This is a practical course and students will be required to actively participate each session (1.5 hours, twice/week). Through individual practice, small groups, and game play students will develop the required skills to participate in soccer.

**Course Learning Objectives**

**(1) Brief statement of the purpose:**

The purpose of this course is to provide an opportunity to practice the basic skills of soccer. Emphasis will be on learning fundamental movement skills, basic soccer skills, and decision making skills during practice and game play. The basics of game etiquette and rules will be covered as well as the application of knowledge and understanding of offensive and defensive principles. It is assumed that the students have minimal experience and knowledge related to playing soccer.

**(2) Brief list of specific learning objectives of the course:**

- Define the FIFA laws of the game used in soccer
- Describe the laws of the game, basic tactics and etiquette used in soccer
- Demonstrate the ability to perform fundamental movement skills and basic beginning level soccer skills
- Demonstrate the ability to perform agility, balance, coordination, and speed in a soccer setting
- Increase physical activity and improve physical fitness
- Apply the basic skills, laws of the game, tactics and etiquette of soccer during practice and game play
- Design and develop small soccer lessons for beginner to intermediate soccer players
- Carry out and instruct a soccer lesson to a group of players
- Compare and contrast the strategies used by players during a game analysis.

**Course Text / Readings**

FIFA.com

Laws of the game (2018/2019)

<https://resources.fifa.com/image/upload/laws-of-the-game-2018-19.pdf?cloudid=khhloe2xoigyna8juxw3>

Any additional reading may be provided as a handout in class during practicum.

**Evaluation \***

The final grade for the practicum will be based on the following items weighted as indicated:

**Active Participation: 45%**

- Attendance - 25%
- Attitude/Effort - 10%
- Understanding of the Game - 10%

**Skills: 10%**

- Dribbling/Footwork - 5%
- Juggling - 5%

**Reflection: 5%**

A self reflection will be completed on skills, understanding and student growth.

**Group Assignment: 20%**

There are two parts of the group presentations: 1) Group Soccer Manuel, 2) Group Teaching

**Part 1) Manual - 10%:** As a group, you will submit a typed soccer manual/coaching resource. This will be a resource intended for beginner to intermediate soccer players. The coaching manual will include skill work and lesson plan per person in the group. Further details will be provided.

**Part 2) Group Teaching - 10%:** As a group, you will be assigned to a specific day of the course. You will coach the class for a 10-15 minutes max, incorporating a specific soccer skill and a simple but fun lead up activity. As a group you will submit your lesson the day of your presentation. This must be typed. Presentation and lesson submitted will be graded. Further details will be provided. You must be present on the assigned day to receive a grade. There will be no make-up days.

**Written test on the laws of the game, soccer skills and theory: 20%**

Students may choose to exercise the Pass/Fail option. It is the student's responsibility to notify the instructor that they wish to exercise the Pass/Fail option.  
Practicum courses grading scale is A, B, C, F or Pass/Fail.

To exercise the Pass/Fail option, students are required to complete and sign the PKIN Pass/Fail Option Form and submit to the course director.

### **Active Participation:**

**Attendance:** To receive credit for a practicum course, students must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than **three classes** will not pass this course. It is not enough to attend without participation. Students who attend but do not participate will not receive full attendance for that class. In extenuating circumstances, such as verified illness which prevents full participation, the grading during the term may be changed to Pass/Fail. Student and instructor will agree in writing to the terms for a pass in the course.

Attendance will be taken daily. Make sure that you have checked in with the Professor and your attendance is recorded. Attendance will also include if students are prepared for class (attire, shoes, etc). Always wear appropriate clothing to be physically active. With the class being held outdoors, dress appropriately for the weather and bring/wear layers.

\*\*Students who miss more than one classes will be deducted 2% per occurrence. Students who are tardy (after the warm-up has started) more than two times will be deducted 2% per occurrence. More than 20 minutes late to class will be counted as an absence. In addition, three times a student is late to class is also equivalent to one absence. If a student leaves class early, this will be counted as one tardy. Contact the instructor for individual circumstances.

**Attitude/Effort:** This section relates to having a positive attitude, encouragement and respect towards others. PKIN classes are a time to be physically active while participating in small group activities. This is a class to learn the basic skills and theory of soccer, or improve your current skills. It is expected that students are active and put forth high effort in each session. Come to class with a positive attitude, encourage others, and participate fully while respecting others. Rough play or foul language toward others will not be tolerated. If this is the case, you will be asked to leave and receive an absence.

**Understanding of the game:** Each session will cover various skills and drills. Applying the skills and theory to practice will occur each session during various types of activities and game play. Students should demonstrate their understanding of skills and theory and decision making skills during practice and game play. Informal assessment will be on-going throughout the term.

### **Skills Test:**

There will be skills test on different basic fundamental skills that relate to soccer, dribbling, and juggling. Your overall score and ability to demonstrate improvement will be considered.

### **Soccer Manuel:**

In a small group, develop a teaching resource intended for a coach/teacher instructing beginner to intermediate level soccer. The resource should be easy to look at and read (template example provided). The key techniques of the skills, when to use the skill, command mistakes will be covered along with lesson training sessions (one per student) incorporating the skill. The manual will be typed and handed in on the day it is due.

Note: One manual will be turned in for each group.

**Soccer Presentation:** Each group will have an opportunity to present to the class on an assigned presentation day. Each group will teach their peers one skill and a simple but fun lead-up activity.. Each group will have 15 minutes max to present (e.g., 5 minutes on skill development (review and practice skill) and 10 minutes on the activity). Students must be present on their presentation day to receive a grade. There will be no make-up days.

A typed - 15 minutes MAX lesson plan will be submitted. Lesson and presentation will be graded. Each group member must contribute to the presentation. I would recommend breaking into small groups during the skill development. Template will be provided.

**Written Test:** A written test on the laws of the games, etiquette, terminology, and any other additional information covered will be given at the end of the term. Any information covered in practicum or readings is testable.

### **Grading, Assignment Submission, Lateness Penalties and Missed Tests**

**Grading:** The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests\* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <http://calendars.registrar.yorku.ca/2010-2011/academic/index.htm>)

Students may take a limited number of courses for degree credit on an ungraded (pass/fail) basis. For full information on this option see Alternative Grading Option in the *Faculty of Health and Kinesiology* section of the Undergraduate Calendar

**Assignment Submission:** Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified for the assignment. Assignments are to be handed in during class time on the day that they are due.

**Lateness Penalty:** Assignments received later than the due date will be penalized 1 point per day the assignment is late. Exceptions to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the Course Instructor but will require supporting documentation (e.g., a doctor's letter).

**Missed Tests:** Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., official doctor's letter on York U health services form) may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

### **ADDITIONAL INFORMATION**

**Participation:** To receive credit for a practicum course, students must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than **THREE** classes will not pass this course. It is not enough to attend without participation. Students who attend but do not participate will not receive full attendance for that class.

**Bad Weather:** In case of a bad weather day (e.g., rain), class will resume indoors in a designated classroom. Once a rain day is identified, a classroom will be reserved on the day of, on an individual basis. An email will be sent to provide students with the class location. Attendance is required.

**IMPORTANT COURSE INFORMATION FOR STUDENTS**

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) - <http://www.yorku.ca/secretariat/senate/committees/ascp/index-ascp.html>

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation

*June 2012*

Tentative Weekly Schedule  
 PKIN 0328 - Soccer  
 Fall 2018

Class		Readings
Tuesday	Thursday	
	Sept 6 – Course Introduction & Expectations	Law 1, 2
Sept 11 – <b>*Skills Test Pre-test</b>  Dribbling and Shielding Passing and Receiving Grounded Balls	Sept 13 – Passing and Receiving Grounded Balls	Law 3, 4
Sept 18 - Passing and Receiving Flighted Balls	Sept 20 – Same sided games  *Student Presentation	Law 8, 9, 10
Sept 25 – Heading/Throw-ins Small Sided Games  *Student Presentation	Sept 27 – Defending/ Understanding roles and tactics  *Student Presentation	Law 11, 12, 13
Oct 2 – Striking on Target/ Understanding roles and tactics  *Student Presentation	Oct 4 – Game play Understanding roles and tactics  *Student Presentation <b>* Group Project Due</b>	Law 14, 15
Oct 19 – Goalkeeping/Penalty Kicks Game play  *Student Presentation	Oct 12 – NO CLASS – FALL STUDY DAY	Law 16, 17
Oct 16 – <b>** WRITTEN TEST</b>  Game Play	Oct 18 – <b>** Skills Test - Post Test</b>  Understanding roles and tactics/ Game Play	
Oct 23 – <b>** Skills Test - Post Test</b>  Game Play	Oct 25 – 6 v 6 Round Robin Tournament (set up assigned teams and roles)  <b>** Personal Reflection Due</b>	
Oct – 30 – 6 v 6 Round Robin Championship (set up assigned teams and roles)	Nov 1 – Game Play	
Nov 6 – Last Day of Class Full Field Game (TBD)		