

**YORK UNIVERSITY
BASIC COURSE OUTLINE
KINESIOLOGY AND HEALTH SCIENCE
PRACTICUM COURSE - FUTSAL**

Course: PKIN 0330 - Futsal

Course Webpage: N/A

Term: Winter 2019

Prerequisite / Co-requisite: None

Course Instructor

Stephanie Bowerman, Ph.D.
sbowerma@yorku.ca

Course consultation hours: Tuesday/Thursday 11:00am - 12:00pm (Bethune 123)

Time and Location

Tutorial Group: PKIN 0330 Section M: T/TH 8:30 - 9:30am
PKIN 0330 Section N: T/TH 9:30 - 10:30 am

Location: Tait MacKenzie - Main Gym

Expanded Course Description

Organization of the Course - This introductory Futsal PKIN is intended for those with little to minimal soccer experience. The focus of the course is to develop the fundamental movement, sport, and decision making skills associated with futsal and the associated rules of the game.. Skills such as dribbling, passing and receiving, shooting, attacking and defending will be addressed. Students will learn different offensive and defensive tactics. Agility, balance, coordination and speed will be integrated into the learning environment. The course will be taught through demonstration, instruction, and practice. Reading materials will be used throughout the course from the internet and handouts. This is a practical course and students will be required to actively participate each session (2hr/week). Through individual practice, small groups, and game play students will develop the required skills to participate in futsal.

Course Learning Objectives

(1) Brief statement of the purpose:

The purpose of this course is to provide an opportunity to practice the basic skills of the game futsal. Emphasis will be on learning fundamental movement skills, basic futsal skills, and decision making skills during practice and game play. The basics of game etiquette and rules will be covered as well as the application of knowledge and understanding of offensive and defensive principles. It is assumed that the students have minimal experience and knowledge related to playing futsal. With a positive experience, students will develop an interest and enjoyment in futsal as a life long sport.

(2) Brief list of specific learning objectives of the course:

- demonstrate an understanding of the basic terminology, rules, tactics and etiquette of futsal
- demonstrate the ability to perform fundamental movement skills and basic beginning level futsal skills
- demonstrate the ability to perform agility, balance, coordination, and speed in a sport setting

- increase physical activity and improve physical fitness
- understand and apply the basic skills, rules, tactics and etiquette during practice and game play
- demonstrate the ability to instruct a small group in warm-up or cool-down

Course Text / Readings

FIFA.com

Official Documents

Laws and Regulations - <http://www.fifa.com/aboutfifa/officialdocuments/doclists/laws.html>

****Futsal Laws of the Game ****

http://resources.fifa.com/mm/document/footballdevelopment/refereeing/51/44/50/lawsofthegamefutsal2014_15_eneu_neutral.pdf

Any additional reading will be provided in a handout each class during practicum.

Evaluation *

The final grade for the practicum will be based on the following items weighted as indicated:

Active Participation: 40%

- Attendance - 20%
- Attitude - 10%
- Understanding of the game - 5%
- Partner Warm-up/Laws of the Game - 5%

Soccer Assignment: 20%

Skills Test: 15%

- Dribbling/Footwork - 5%
- Passing - 5%
- Juggling - 5%

Self-reflection: 5%

Written test on the laws of the game, skills and theory: 20%

Students may choose to exercise the Pass/Fail option. It is the student's responsibility to notify the instructor that they wish to exercise the Pass/Fail option.

Practicum courses grading scale is A, B, C, F or Pass/Fail.

To exercise the Pass/Fail option, students are required to complete and sign the PKIN Pass/Fail Option Form and submit to the course director.

Active Participation:

Attendance: To receive credit for a practicum course, students must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than four classes will not pass this course. It is not enough to attend without participation. Students who attend but do not participate will not receive full attendance for that class. In extenuating circumstances, such as verified illness which prevents full participation, the grading during the term may be changed to Pass/Fail. Student and instructor will agree in writing to the terms for a pass in the course.

Attendance will be taken daily. Make sure that you have checked in with the Professor and your attendance is recorded. Attendance will also include if students are prepared for class (attire, shoes, etc). Wear appropriate clothing to be physically active, and the appropriate indoor athletic shoes. Socks or winter boots will not be allowed. If you sit out due to inappropriate attire, you will be considered absent.

In the case when a student is injured or ill, student's must submit a doctor's note. Even with a doctor's note, all absences are included in the total of 4 absences that are allowed in order to pass.

Student who miss more than two classes will be deducted 2% per occurrence. Students who are tardy (less than 15 mins) more than two times will be deducted 2% per occurrence. More than 20 minutes late to class will be counted as an absence. In addition, three times a student is late to class is also equivalent to one absence. If a student leaves class early, this will be counted as one tardy.

Attitude: This section relates to having a positive attitude, encouragement and respect towards others. PKIN classes are a time to be physically active while participating in small group activities. This is a class to learn the basic skills and theory of soccer and is taught at a beginner's level. It is a time to be active, have fun, while maintaining a positive attitude. Come to class with a positive attitude, encourage others, and participate while respecting others. Rough play or foul language toward others will not be tolerated. If this is the case, you will be asked to leave and receive an absence.

Understanding of the game: Each session will cover various skills and drills. Application of skills and theory to practice will occur each session during various types of activities and game play. Students should demonstrate their understanding of skills and theory and decision making skills during game play.

Warm up/Laws of the Game:

As part of your active participation, throughout the semester, students will be asked to lead the class through a simple warm-up (3-5 minutes max). This is a time to work with your peers, be creative, and take on a leadership role. Each pair will sign up for a warm-up. There will be no make-ups if you miss your assigned day. Both partners should plan and lead the activity together. In addition, you will be assigned a specific Law of the Game to teach the class. See sign-up sheet for assignment. Each group should explain their specific Law of the Game to the class. No reading directly from online allowed. Choose 5-6 main points to explain so the class receives the main part of the law. Submit a 1-2 page warm-up and key points of the laws of the game on your presentation day.

**This PKIN is intended to be instructed to students at a beginner's level. If you have previous experience, this is an opportunity to work on your leadership skills.

Soccer Assignment:

In pairs (same as warm up), you will design a small futsal manual. This will be a resource intended for beginner to intermediate futsal players. It should be a resource that teachers/instructors can use when learning to teach futsal. The manual should be handed in on the day it is due. Further details will be provided.

Skills Test:

There will be a skills test at the beginning and near the end of the PKIN course. You will be tested on different basic fundamental skills that relate to futsal.

Self-reflection: At the end of the semester, each student will submit a typed 1-2 page self-reflection. This will be a time to reflect on your own personal skills, learning, and performance in the course. Student will also reflect on personal goals set at the beginning of the semester and how they tracked their progress throughout the term.

Written Test: A written test on the laws of the games, etiquette, terminology, and any other additional information covered will be given at the end of the term. Any information covered in practicum or readings is testable.

**Grading, Assignment Submission,
Lateness Penalties and Missed Tests**

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <http://calendars.registrar.yorku.ca/2010-2011/academic/index.htm>)

Students may take a limited number of courses for degree credit on an ungraded (pass/fail) basis. For full information on this option see Alternative Grading Option in the *Faculty of Health and Kinesiology* section of the Undergraduate Calendar

Assignment Submission: Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified for the assignment. Assignments are to be handed in during class time on the day that they are due.

Lateness Penalty for Assignment: Assignments received later than the due date will be penalized 1% per day the assignment is late. Exceptions to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the Course Instructor but will require supporting documentation (e.g., a doctor's letter).

Missed Tests: Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., official doctor's letter on York U health services form) may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

ADDITIONAL INFORMATION

Participation: To receive credit for a practicum course, students must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than FOUR classes will not pass this course. It is not enough to attend without participation. Students who attend but do not participate will not receive full attendance for that class.

IMPORTANT COURSE INFORMATION FOR STUDENTS

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) - <http://www.yorku.ca/secretariat/senate/committees/ascp/index-ascp.html>

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation

Tentative Weekly Schedule
PKIN 0328 - Futsal Winter 2019

Week	Class	Readings
Jan 3	Course Introduction/Ice breakers	
Jan 8/10	Tuesday – Class routine/fitness/games Group Assignment for Warm-up/Laws of the Game Thursday - Fundamental Skills Testing Dribbling, Ball Control, Juggling *Skills Testing	Law 1 – The Pitch
Jan 15/17	Tuesday – Fundamental Skills Testing Thursday - Passing and Receiving *Skills Testing	Law 2 – The Ball Law 3 – The Number of Players
Jan 22/24	Tuesday - Ball reception/trapping/turning Thursday - The long pass/ The Kick off	Law 4 – The Players Equipment Law 7 – The Duration of the Match
Jan 29/Jan 31	Tuesday - Shooting /Dropped Ball Thursday - review of basic skills/small sides games	Law 8 – The Start/Restart of Play Law 9 – The Ball In/Out of Play
Feb 5/7	Tuesday – Substitutions/Defending Thursday - The Kick-in/ Small sided games	Law 10 – The Method of Scoring Law 11 - Offside
Feb 12/14	Tuesday - The Corner Kick/ Small sided games Thursday – Penalty Kicks/ Procedures to Determine the Winner of a Match *Skills Check-in Feb 12th	Law 12 – Fouls and Misconducts Law 13 – Free Kicks
Feb 19/21	READING WEEK - keep active :)	
Feb 26/Feb 28	Tuesday - First touch/Juggling/ Small sided games Thursday - Understanding roles and defensive	Law 14 – The Penalty Kick
Mar 5/7	Tuesday - Understanding roles and defensive Thursday - Understanding roles and offensive tactics	Law 15 – The Kick-In Law 16 – The Goal Clearance ** Group Project Due March 5th
Mar 12/14	Tuesday - Fundamental Skills Test, game play Thursday - Fundamental Skills Test, game play *Skills Testing	Law 17 – The Corner Kick
Mar 19/21	Tuesday - World Cup Thursday - World Cup	** Self-reflection Due March 21
Mar 26/28	Tuesday – Written Test Thursday – Game Play	** WRITTEN TEST TUESDAY March 26th
Apr 2/4	Tuesday - Game Play Thursday – Game Play	