

**OF KINESIOLOGY YORK UNIVERSITY
SCHOOL AND HEALTH SCIENCE
FACULTY OF HEALTH
HH/PKIN 0440 - BADMINTON I
WINTER - 2019**

INSTRUCTOR: Michael Mitchell
(416) 710-5549 (c) 342 Bethune College Part time office (12:30 -2:30 pm M/W)
Tait McKenzie Main Gymnasium
Email: mmitchel@yorku.ca

TIMES: Sections: **M** 8:30 am- 9:30 am Monday/Wednesday
N 9:30 am- 10:30 pm Monday/Wednesday
O 10:30 am-11:30 am Monday/Wednesday
P 11:30 am-12:30 pm Monday/Wednesday

COURSE DURATION Monday Jan 7, 2019– April, 2019 MONDAY & WEDNESDAYS
No classes Reading Week **Feb 18-22, 2019.**

FACILITY: Tait McKenzie Main Gym (8 courts)

NUMBER OF CREDITS: Practicum Individual Sports or Elective option

COURSE OBJECTIVES: (expanded description on Page 2)

1. To increase knowledge and development of basic badminton skills, tactics, acquire basic movements.
2. Develop understanding of basic strokes and offensive/ defensive systems used in singles/doubles play. Further understand the complexities in learning new motor skills while undertaking physical activity.
3. To enhance appreciation for badminton as a lifetime sport and recognizable form of health activity.

COURSE CONTENT:

Grips, effective warm ups, footwork exercises, clears, drives, drops, smashes, serves, returns. Basic tactics for singles & doubles play and rules associated with the sport, sport psychology along with discussion. Learning how to develop required fundamentals for play with use of Educational exercises to engage class in group participation and discussions. Individual/ small group class presentations will be required of selected students supported by ongoing class evaluations by instructor, this will allow students to effectively acquire many of the learning outcomes of the practicum program.

EVALUATION: (on back)

1. Theory - 30% Assignment, Quiz (Late January) and Final Exam (April).
2. Practical - 50% skills acquisition, tactical knowledge, educational materials. Evaluation on going throughout course on skills, tactics achieved with active participation levels through out the course. Final demonstrations of skills utilizing a sequence drill/exercises to further examine the competencies and during game play.
3. Attendance/ Participation - 20% See attached attendance breakdown.

GRADING: A B C F or Pass/Fail

(To exercise the **Pass/Fail** option students must sign applicable form that requires signature during course of the academic term. It will then be submitted to the Undergraduate office in 341 Bethune at term completion.)

Note: If you opt for the Pass/Fail option you do not qualify for the Kinesiology and Health Science Honour Roll and Tait McKenzie Honour Society. For full information on these options see the Alternative Grading option in the Kinesiology and Health Science section of the Undergraduate Calendar.

COURSE CONTENT AND LEARNING OBJECTIVES:

In taking this course the student will learn how to recognize and execute the following.

- Basic strokes of the game.
- Singles and Doubles tactics / strategies.
- Rules and regulations of the sport.
- Practical methods introducing a new skill or topic.
- Develop abilities to teach progressive skills and tactics.
- Enhance appreciation for sport and derive benefits from health activity.
- Content using methodology with learner centred teachings.
- Perform movements in a variety of different class settings.
- Develop mutually beneficial interactions for learning within a small group.
- Daily presentations from selected students facilitated by course instructor.
- Complete requirements for Badminton I.

TEXTBOOK: Hand out package available for purchase.

EQUIPMENT: Racquets available, shuttles provided, proper gym attire.

ATTIRE: Appropriate gym shoes and clothing, proper footwear & playing clothes, no boots, jeans or street clothing. Please remove boots, wet shoes before entering gymnasium area and please place in the boot area at entry.

ATTENDANCE POLICY: As per PKIN requirements / 80% Mandatory required.

Student instructor agreement on make-ups due to illness or injury **MUST** be agreed upon **prior** with instructor. With this being a 24 hour practicum 12 weeks x twice weekly a maximum of 4 classes allowed for absences. Students may make up in other sections or attend classes in following term (provided offered) to satisfy the requirement within the program.

Kinesiology and Health Science mandates that to receive practicum credit students must actively participate in a minimum of 80% students who missed over allotted will not pass the course.

Lateness Penalty. Students within reason are expected to be present for majority of the class and actively participating, understanding to some degree that weather may affect timing with transit schedules.