# YORK UNIVERSITY FACULTY OF HEALTH SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE

Course: PKIN 0500 0.0 Basic Movement

Term: Winter 2019

Prerequisite/Co-requisite: none

Course Instructor: Samara L. Thompson

samara@yorku.ca

consultations available by request

Time and Location: Section P Friday 12:00 pm Tait Studio 6

#### EXPANDED COURSE DESCRIPTION

#### **Organization of the Course**

Basic Movement delves into a variety of movement practices based on Eastern and Western movement techniques. No previous dance experience is necessary. The course is designed to give students a practical and theoretical understanding of the foundations of dance practice. An emphasis is placed on learning basic dance steps and combination and how they relate to music. By the end of the term, students should be able execute dance combinations in the dance styles covered in the course.

## **Dance Attire**

In order to dance and move freely, appropriate clothing is required. Please wear comfortable, form fitting athletic clothing (nothing too loose). Students are to wear bare feet. Hair must be securely fastened away from the face and neck. For your safety and the safety of fellow students, please refrain from wearing jewelry.

## **COURSE LEARNING OBJECTIVES**

# **Statement of Purpose and Learning Objectives**

The purpose of this course is to teach students basic dance technique. As this course is practical in nature, the majority of class time is spent learning jazz and modern dance technique that is infused with Eastern movement philosophies. For a further breadth of understanding, an overview of dance history is presented. The specific learning objectives of the course are that students will:

- demonstrate basic dance technique.
- learn and memorize the warm-up, traveling combinations, and dance routine.
- be able to integrate music and dance.
- a basic understanding of dance history.

## **COURSE TEXT / READINGS**

**Selected Readings From:** 

TBA

## Journal Summary - midterm

20%

Students are expected to write down their thoughts and experiences after every class. This assignment is a summary of those journals. More details will be given in class.

## Journal Summary and Self-Evaluation - end of term

20%

Students are expected to write down their thoughts and experiences after every class. This assignment is a summary of your journals and a self-evaluation of your progress in the course. More details will be given in class.

Practical 40%

Students are evaluated on their retention and execution of technique, exercises, and routines, as well as their progress and improvement. This is worth 15%. There will be a Practical Exam based on class material worth 25%.

# Participation & Attendance

20%

Students are expected to participate fully. This portion of the grade also reflects attitude, effort, progress, and improvement. As dance training is cumulative in nature, regular attendance and punctuality are necessary for the learning process and as such are expected of the students in this class. Students must attend 80% of the classes or a failing grade will result.

#### GRADING, ASSIGNMENT SUBMISSION

#### Attendance

To receive credit for a practicum course a student must attend and actively participate in a minimum of 80 percent of classes for the course. When full participation is not possible, accommodation agreements may be reached with the student (complete classes missed in next term, individual testing, etc.). The following absences are allowed:

- 24 hour course, two hours once per week for 12 weeks, students allowed 2 absences

Students are expected to participate in every class. Students may miss two classes without penalty and be late twice without penalty. Absences in excess of one per term can result in a grade deduction of 2% per occurrence. Lateness in excess of two per term can result in a grade deduction of 1% per occurrence. Early departures are treated as a late and can result in a grade deduction of 1% per occurrence.

If a student is injured or ill, obtain and submit a hard copy of a doctor's note. Students will not have a grade deduction for absences accompanied with a doctor's note and for other University approved reasons for absences (religious accommodation, compassionate grounds, etc), however all absences contribute to the overall number of absences allowed to pass the course. All attendance related grade deductions are compiled to a maximum of 10% off a student's grade.

In the event of an absence or limited participation, all missed material is to be learned prior to returning to class.

## **Grading Scheme**

The grading scheme for the course is A, B, C, Pass, and Fail (e.g. A = 80 to 100%, B = 70 to 79%, C = 60 to 69%, F = below 59%). Assignments and tests will bear either a letter grade designation or a corresponding number grade. For a full description of York grading system see the York University Undergraduate Calendar.

http://calendars.students.yorku.ca

Students may take a limited number of courses for degree credit on an ungraded (pass/fail) basis. For full information on this option see Alternative Grading Option in the Faculty of Health section of the Undergraduate Calendar.

http://calendars.students.yorku.ca/2016-2017/kinesiology-and-health-science

## **Physical Demands**

This course will include elements that are physically demanding. Prior injuries can be aggravated by strenuous exercise so check with your physician and inform the Course Director before beginning the course. Be sure to share with the Course Director any changes in your injury or health that may impact your participation.

This course also includes human contact (i.e., correction of alignment or technical execution as well as the contact with colleagues). Students uncomfortable with the use of touch are requested to relay their feelings to the Course Director as soon as possible.

## **Assignment Submission**

Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified for the assignment. Assignments must be handed into the Course Instructor during class time. Alternate arrangements may be considered on an individual basis and must be agreed upon by the Course Instructor in advance of the due date.

## **Lateness Penalty**

Assignments received later than the due date will be penalized. The penalty is 5% per day that the assignment is late. Exceptions to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the Course Instructor but will require supporting documentation (e.g., a doctor's letter).

#### **Missed Tests**

Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., doctor's letter) may request accommodation from the Course Instructor. In such cases, tests may be rescheduled and/or alternate arrangements may be made on an individual basis. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

### IMPORTANT COURSE INFORMATION FOR STUDENTS

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) -

http://www.yorku.ca/secretariat/senate cte main pages/ASCP.htm

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation