

YORK UNIVERSITY
KINESIOLOGY AND HEALTH SCIENCE
PKIN 0585: Country Dance Course Outline
(Tait studio 6)

Instructor: Nicole Ferguson (905-510-7580) / (nicoleferg1@gmail.com) 2018/2019

Scope of Course:

The objective of this course is to learn how to build dance patterns that are easy for students while having fun learning in a group setting. This class is largely based on team participation with the students working together and alone. Students will be able to experience a wide variety of movement to many different kinds of music.

Prerequisite: None

Optional Texts: None

Evaluation:

Assignment 1	(Date TBD in class)	20%
Understanding of direction of movement (in class)		10%
End of Semester practical exam		10%
Full and active participation in class		50%
Attendance		10%

STUDENTS MUST NOT MISS MORE THEN 4 CLASS IN ANY SEMESTER

Practical Skills:

Basic Movement:

- Forward and back steps
- Side to side movement
- Turning on the spot to the left and right
- Turning while moving forward/Back or side to side
- Participate fully in learning how dances are constructed from beginner/intermediate 32,40,64 and up counts.

Body Movement:

- Proper posture for movements
- Transferring body weight from foot to foot
- Not transferring body weight and tapping foot
- Sustained poses
- Releve' on one or both feet
- Pointing feet or flexing feet
- Half time dancing
- Double time dancing
- Syncopated dancing

Music counting skills:

- Counting to 8 repeatedly
- Holding and moving on different counts (in a 8count)

Practical Evaluation: The above items will be evaluated by the Instructor during class at non-designated times.
& Teaching Teachings and / or evaluation of items missed due to absence (for any reason) are the Students responsibility. Repeat teachings or evaluations of items are not normal procedure. Items not attempted or incomplete can result in a failing grade.
PleaseNote: Intent is not a substitute for performance to standards.