# YORK UNIVERSITY KINESIOLOGY AND HEALTH SCIENCE PRACTICUM COURSE

Course: PKIN 0750: Emergency Care

Term: Winter 2019

Prerequisite: none

Course Instructor: Tamara Wood

tamaraws@yorku.ca Course consultation hours: Tuesday 11:30-2:30

<u>Time:</u> Monday Tuesday Wednesday Thursday Friday

O 8:30-10:30 R 9:30-11:30 U 8:30-10:30 M 8:30-10:30

P 10:30-12:30 V 10:30-12:30 Y 10:30-12:30 W 12:30-2:30 Q12:30-2:30 T 4:00-6:00 X 4:00-6:00 S 2:30-4:30

Location: Stong 101a

Special Note: There will not be classes offered on FEBRUARY 11,12,13,14 or 15. Students will have an

assignment to complete instead of attending class this week.

Course Description:

An introduction to the care given to a suddenly injured or ill person to sustain life and prevent

further injury. Upon successful completion, students may have the option to be certified in CPR

"C", AED and Standard First Aid.

Students will develop the awareness, knowledge and skills to recognize, react and respond to a variety of first aid emergencies as a competent First Aider. This will also provide the student with

the awareness and knowledge to prevent accidents and emergencies.

The course will be taught through lectures, demonstrations and discussion. This is a practical course and students will be required to actively participate in each session. Through practice, observation and feedback students will develop the required skills. Students will work with the

instructor and their peers to increase their knowledge and skill.

## Course Learning Objectives:

Students will gain knowledge and skills that will allow them to recognize the signs and symptoms of potential victims. They will have the skills to provide treatment to a variety of victim types and the knowledge of when and how to contact Advance Emergency Personnel.

Students will learn how to conduct a primary and secondary victim assessment.

The students will be able to

- Demonstrate the CPR sequence for adult, child and infant victims
- Demonstrate choking procedures for adults, children, infants who are conscious and unconscious
- Perform a rescue using an AED unit
- Develop a variety of techniques to assist injured victims with wounds, breaks and sprains
- Develop rescue skills to aid those suffering from medical emergencies
- Demonstrate lifesaving skills for victims suffering respiratory and circulatory emergencies
- Identify methods to keep themselves safe and use resources that are available on hand

<u>Course Texts:</u> Lifesaving Society First Aid Manual - available in the bookstore

Preferred 2015 Standards edition

Evaluation: CPR quiz 10% January 31st, February 1st, 4th, 5th or 6th CPR demonstration 20% January 31st, February 1st, 4th, 5th or 6th January 31st, February 1st, 4th, 5th or 6th February 25th, 26th, 27th, 28th or March 1st

Situation performance evaluation 20% March 21<sup>st</sup>,22<sup>nd</sup>,25<sup>th</sup>,26<sup>th</sup> or 27<sup>th</sup> Written exam 40% March 21<sup>st</sup>,22<sup>nd</sup>,25<sup>th</sup>,26<sup>th</sup> or 27<sup>th</sup>

### Grading: Practicum courses grading scale is A, B, C, F or Pass/Fail

Students may choose to exercise the Pass/Fail option. It is the student's responsibility to notify the instructor that they wish to exercise the Pass/Fail option in the last two weeks of the course.

For full information on this option see Alternative Grading Option in the Kinesiology section of the Undergraduate Calendar.

Assignment Submission: All assignments / exams must be handed in at the start of class on the due date. Late assignments may be handed in to the KINE office to be placed in my mailbox in 341 Bethune College.

## Lateness Penalty:

All assignments must be submitted by the due date(s). Otherwise penalties will be incurred: ½ letter grade per day late will be applied.

## Additional Information:

Participation: This course allows you to be certified at the Standard First Aid level. WSIB mandates that to be certified in First Aid all students in Ontario must attend 100% of the course. If you miss one class, you will not be certified. You may make up the material in another section covering the same content. WATCH THE DATES TO ENSURE you attend the correct section.

The Kinesiology department mandates that to receive credit for a practicum course student must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than two classes will not pass this course.

## Important Course Information for Students:

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) http://secretariat.info.yorku.ca/files/CourseInformationForStudentsAugust2012.pdf

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation