

**YORK UNIVERSITY
KINESIOLOGY AND HEALTH SCIENCE
PRACTICUM COURSE**

Course: PKIN 0770: First Aid and CPR Instructor

Term: Winter 2019

Prerequisite: PKIN 750: Emergency Care or equivalent current recognized Standard First Aid certificate
Strong knowledge and comfort with first aid and resuscitation techniques

Course Instructor: Tamara Wood
tamaraws@yorku.ca

Time: **Monday**
Section M 2:30

***No class held on February 11**

Location: Stong College 101a

Course Description: The First Aid Instructor course will provide students with the opportunity to develop the skills required to teach a variety of first aid courses and CPR certificates to adult learners. This course will explore the knowledge and resources required to organize, plan and deliver Basic, Emergency and Standard First Aid as well as CPR levels A, B and C to learners. Students will explore test items, evaluation criteria and performance standards as they practice teaching sections in front of their peers. Students will gain an understanding of the role and responsibility of an instructor and examiner through giving and receiving feedback from their peers and the instructor.

The course will be taught through lectures, demonstrations and discussion. Due to the nature of this course the students will be required to teach their peers on several occasions. This is a practical course and students will be required to actively participate in each session. Through practice, observation and evaluation (self, peer and instructor) students will develop the required skills to teach a variety of first aid items.

After this course students will be required to co-teach one course before applying for certified.

Learning Objectives: Students will have the skills to teach in a variety of environments. They will understand the required evaluation criteria and how to communicate this to their students. They will understand the policies and procedures of the Lifesaving Society and the next steps needed to be certified.

The students will be able to

- Demonstrate, with confidence, the CPR sequences as well as first aid skills in bandaging, splinting, slinging and rolling as required in the Standard First Aid award.
- Demonstrate comfort and ease with using the First Aid Award Guide
- Perform and practise teaching and evaluating a variety of first aid items
- Develop a variety of teaching techniques appropriate for first aid items
- Can select and demonstrate evaluation methods suitable for first aid skills
- Understand the role and responsibility of a first aid instructor and examiner
- Identify methods to keep themselves and their students safe and use a variety of resources

Course Texts: Lifesaving Society First Aid Award Guide
Optional text Lifesaving Society First Aid Manual 2015 edition
Optional CD Lifesaving Society First Aid Instructor Resource CD

<u>Evaluation:</u>	First Aid skills performance	30%	February 25 th
	Assignment #1 – First Aid Test review	10%	January 28 th
	Assignment #2 – teach first aid knowledge	20%	March 4 th
	Assignment #3 – teach first aid skill	20%	March 25 th
	Final Test	20%	April 1 st

Please Note: Due to the nature of assignments #2 and #3, they must be presented on the date assigned. Failure to present on the assigned date will result in a mark of zero. No late assignments will be accepted. All assignments must be completed as assigned and submitted by due date(s). Otherwise penalties will be incurred; ½ letter grade per day late will be applied. All assignments / exams must be handed in at the start of the class. Or they may be handed in to the KINE office to be placed in my mailbox.

Students may choose to exercise the Pass/Fail option. It is the student's responsibility to notify the instructor that they wish to exercise the Pass/Fail option. Practicum courses grading scale is A,B,C, F or Pass/Fail.

Additional Information:

Participation: This course allows you to be certified as a Standard First Aid Instructor and work towards becoming certified as a Standard First Aid Examiner. WSIB mandates that to be certified as a First Aid Instructor the student must attend 100% of the course.

The Kinesiology department mandates that to receive credit for a practicum course students must attend and actively participate in a minimum of 80% of the class for the course. Students who miss more than two classes will not pass this course.

Important Course Information for Students:

All Students are expected to familiarize themselves with the following information, available on the Senate Committee on Curriculum & Academic Standards webpage. http://www.yorku.ca/secretariat/senate_cte_main_pages/ccas.htm

- York's Academic Honesty Policy and Procedures/Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirements accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation